# DEDHAM PARISH MAGAZINE



Photograph: Jacob King/PA Wi re/PA Images



**JUNE 2022** 

# DEDHAM PARISH MAGAZINE

## **DEDHAM PARISH CHURCH**

dedham-and-ardleigh-parishes.org.uk

Vacancy Vicar

Merv McKinney Assistant Minister

**2323 136** 

#### **PARISH OFFICE**

Parishes Administrator

Deb Turner **2322 136** 

Support Parish Administrator & Safeguarding Assembly Rooms Stmaryda@gmail.com

High Street, Tuesday 9-11am
Dedham CO7 6HI Thursday 11-1pm

#### **CHURCH WARDENS**

Vee Druitt **322 000** 

Peter Wilson 2323 179

**MUSIC** 

Antony Watson Director of Music

**322 425** 

## **DEDHAM PARISH MAGAZINE**

#### **Editor**

⊠dedhameditor@gmail.com

& Advertising

Sara Marshall

⊠dedhamadvertising@gmail.com

Assembly Rms 2323 921

If you would like a lift to church contact

Ann Shaw **22 192**Ruth Higginson **2322 598** 

The deadline for magazine Entries, 10th of the month

### **MAGAZINE CONTENT**

- 2 Contents page
- 3 Services & Events
- 4-5 The Queen & I
- 6 Church growth
- 7 Rural Missioners update
- 8-9 Walking with my dog
- 10 The Duchy Barn
- 11 Kelvedon Singers

### Features:

12-19 Royal Occasions

20-21 Living more sustainably

22-24 A favourite walk

#### **Clubs & Societies**

- 24 Mission Bake Sales
- 25 Local events & Cinema
- 26. Gardening Notes
- 27. Kingsleigh Residential
- 28. Advertising

Can we help? Sometimes things in life can just get too much to cope with on your own... Psalm 34:18: The Lord is close to the broken-hearted and saves those who are crushed in spirit. If you would like some support or know of any one who would,

please contact: Ann Shaw **322 192** or Sue Browne **707778 198118** If you have been bereaved or know of anyone who has, please contact

Vee Druitt 322 000 or Ruth Higginson 322 598

First Steps: Want to get back involved with church but don't know where to start?

Contact Liz and John Reed 323770

# SERVICES & Events JUNE 2022

Sunday, 5 <sup>th</sup> June		
9.30am	Rise N' Shine	Dedham*
10.30am	Special Morning Prayer	Ardleigh
5.00pm	Evensong	Dedham*
Sunday, I 2 <sup>th</sup> June		
8.00am	Holy Communion BCP	Ardleigh*
11.00am	Holy Communion CW	Dedham*
Sunday, 19 <sup>th</sup> June		
9.30am	Matins, BCP	Dedham*
11.00am	Holy Communion, CW	Ardleigh
Sunday, 26 <sup>th</sup> June		
8.00am	Holy Communion BCP	Ardleigh*
9.30am	Morning Praise and Baptism	Dedham*
5.00pm	ReVive@5	Dedham*

Our services are on

Search Dedham and Ardleigh Parishes \* = services which are live-streamed

Morning Prayer - Every Tuesday, 10.30am at Dedham Church

Online Prayer - Monday Morning at 7am and Friday Evening at 6pm

**Ardleigh Friendship Group** – This would usually happen on the 1st and 4th Tuesdays of the month, but for June, please note that it will be held on the 1st and 4th Tuesdays of the month. The meeting on 7th June from 10-12, will be to finalise the plans for the Jubilee weekend. Everyone is welcome.

**ACTS Living Stones Prayer Group** – every 2<sup>nd</sup> and 4<sup>th</sup> Monday of the month, 6.25pm at Ardleigh Church.

Men's Breakfast - Saturday, 4th June, 9am at Dedham Vicarage.

For bacon butties, tea, coffee and chat.

**Monday Lunch Club** – Monday 6<sup>th</sup> June, 12.30pm, Essex Tea Rooms. Phone 323101 to reserve a place indicating it is for the Lunch Club.

Walk and Talk- Thursday 9<sup>th</sup> June, 10am - Meet at Dedham Arts Centre at 10am for a walk, or 11am for a chat.

Mission Bake Sale- Saturday 25th June, 10am -12pm at Dedham Church



#### The Queen and I



# The Queen and I

As I write this preparations are underway locally and nationally for the celebrations of the Queen's Platinum Jubilee as we give thanks for her 70 year reign and faithful service. A special moment which in recognition we get an extra day's bank holiday.

There are many things about the Queen we don't know and perhaps, like me, you would be interested to find out? Like, does she ever get fed up hearing the National Anthem or having always to smile? Would she have ever have liked to browse round the shops on her own? Well we may like to know these things but the Queen doesn't give interviews and is discreet. But there is one area of her life which is clearly important to her and she does speak openly about and that is her faith in God and the teachings of the Bible. It is clear her Christian life has underpinned and shaped her life.

This is where the Queen and I share something in common, for my Christian faith has been important to me throughout my life. I was brought up in a

Christian home, in fact my dad worked for a church organisation. As a family we went to church regularly, there were prayers and Bible stories at bedtime. Their faith in Jesus was not just for Sundays but was lived out in practical action and service in their day to day lives. I consider myself fortunate to have had their example.

Because I grew up with God central to our home life my coming to put my faith in Jesus was not like St Paul on the road to Damascus a dramatic conversion with hearing a voice and seeing a blinding light but a desire that the Jesus I knew about in my head I should invite to into my life to direct and guide me. I was 8 years of age.

As I look back on my life I can see how God has helped, guided, loved and forgiven me when I've been neglectful of Him and messed up. Some reading this may remember years ago when buying a new domestic item written somewhere would be these words: 'for the best results follow the maker's instructions'. We can know about God and his purpose for his creation which includes us because he has spoken through the Bible. The Bible has always held an important place in my life as I have sought, not always successfully, to live by its teaching and values as an expression of my faith in God and in my attitude and actions towards others.

A question I'm sometimes asked is did I always want to be a vicar? And the answer is no! When I left school I served an apprenticeship as a carpenter and

joiner. The suggestion of becoming a I needed to face up to the challenge that vicar was put to me by others. I rather as inadequate as I felt; I needed to be laughed it off as I didn't think I fitted the obedient to what God was asking of me. image and couldn't see myself running I have been ordained for 40 years now around in a night shirt at the front of the and as my parents pointed me to Jesus church! I resisted considering the so I pray that I too may have done that suggestion for a number of years but it in and through my life and ministry. wouldn't go away.

Mery McKinney

# Dedham Residents, Family & Friends

are cordially invited by the Parish Council to celebrate

# Her Majesty's Platinum Jubilee

with a Picnic in the Park on Sunday 5th June 2022
Enjoy FREE live music throughout the day from
40's female 3 piece Fox, Wiggle and Sass,
the boogie woogie 7 piece Red Stripes Band
and local blues rockers Deep Blue Z.
MC and songs of the era by DJ Greg.



Come early to grab your pitch on the Duchy Fields. Bring your own picnic. Sorry no BBQ's allowed.

Food and Drink will be available from the Sports Club Bar, Evans Hog Roast, The Old Bakery and Wok and Roll to supplement the festivities.

Celebrate from Midday until dark.



Come and make it a majestic day to remember

# Church Growth Reaching out in our Community

Most of you will know that St Mary's Dedham has been in an interregnum period for almost a year, but during this time the church has continued to provide a full rota of Sunday services and a wide range of other activities throughout the week, organised by lay members of the church.

Whilst we look forward to welcoming a new vicar, we are conscious that the church is the people who make up the congregation, and it is our responsibility to ensure that we not only maintain a presence, but that we continue to grow as a church. Many of us recently attended a diocesan seminar entitled Leading Your Church into Growth which concentrated on three key aspects of growth: Increasing Numbers, Spiritual Growth, and Mission. In the times in which we now find ourselves the PCC have decided that it is right for us to begin by focusing on Mission: We are proposing to begin by addressing the impact of the financial crisis in our community and also the refugee crisis caused by the war in Ukraine.

We are aware of the hardship which many families even in our own community are facing as a result of the economic crisis facing the country, and we want to reach out to these people in a practical way. During the recent covid pandemic the church played an important part in establishing a help line

for those who could not get necessary food or medicines, and we want to provide a similar means of providing help and support to those in our community who are facing hardship. The church already acts as a collection point for the Colchester foodbank, but we want to help those in our local community who are struggling to provide food for their family, clothes for their children or need other forms of help. We will establish a help line where people can contact us confidentially to tell us of their needs. We will collect food and children's clothing for distribution locally and we hope to be able to refer people to other organisations for different forms of help. We understand that the need is now and we will act quickly to get this help established.

WE have all seen the devastation and loss of life caused by the war in Ukraine and the large number of civilians who are being forced to leave their homes and seek safety in other countries. Our Parish wants to help and support Ukrainian families who are seeking safety in the UK and also the families who are offering to act as hosts. We know of some people locally who have already offered to act as hosts and over the coming weeks and months we will reach out to help where needed. The role that we can play in this is still being developed, and we would ask anyone involved in hosting a Ukrainian family to contact us and let us know how we can help. We will circulate more information on a regular basis.

Peter Wilson & Vee Druitt

# Prayer for growth

God of Mission,

Who alone brings growth to your Church,
Send your Holy Spirit to give
Vision to our planning,
Wisdom to our actions,
Joy to our worship
And power to our witness.

Help our church to grow in numbers,
In spiritual commitment to you,
And in service to our local community,
Through lesus Christ our Lord, Amen.

## **Rural Missioners UPDATE**

In the article I wrote in the February magazine, I promised that I would provide an update on the recruitment of two "Rural Missioners" as and when the plans were clearer.

I am pleased to say that good progress has been made to the point where an advertisement for the two posts was placed in the Church Times, both online and in print, on Friday 26<sup>th</sup> April, and then on the following 3 Fridays, with a deadline for applications of the 20th June.

In addition, an interview date of the 15th July has been set with the day before set aside for applicants to look round the 9 Parishes, meet people involved with the Churches in the Parishes, visit the Church schools etc.

The advert, with a link within it to the combined "Parish Profile", is on the Diocesan website at

https://www.chelmsford.anglican.org/ vacancies/clergy/harwich-ruralmissioners. and there is also a general information website for the posts at the following address:

https://www.harwichruralmissioners.uk/

I know that concerns have been expressed about whether the Vicarage in Dedham would be sold since there is not, at least for the time being, going to be someone called the Vicar of Dedham & Ardleigh and I can let you know that this will not be the case. The Dedham Vicarage, along with the one in Great Oakley, will be the two houses to be occupied by the people appointed to the new posts.

Let us all pray that there are several people interested in applying for one of the two posts and that appointments are made following the interview process. As soon as there is any further information to share with you, I will of course write another article in a future edition of the Magazine.

**David Druitt.** 

# Walking with my dog (& God)

Some dear friends of ours LOVE snow. As soon as it snows, they rush to leave the house and enjoy it's pure beauty. The curious thing is that the only other people they meet in this rare winter wonderland are dog walkers, many of whom are incredulous that anyone without a dog to walk would *choose* to be out walking in such weather!

Our fortunate field spaniel reminds us of his union rules when it is time for his twice daily walks. As well-trained dog owners, we have no option. Is it a chore? ... NO! Even in the worst weather, a brisk walk leaves me energised and pleased that I've made the effort.

Over recent weeks (having been asked to write this piece), I've been reflecting on what makes them so special. In lockdowns, it was good to develop the habit of meeting a friend to catch up and chat as we walked. These cherished times to meet up were (and still are) a joy. Mostly however, I walk alone. But that's the thing... I'm never alone. My dog walks have become companionable times with my God (and dog).

And so... here are some of my recent God-dog discoveries...

I've begun to record some regular prayers on voice memo which I listen to as I walk. These prayers help me focus on God, His character. And our beautiful countryside endorses all that is lovely, good, and true about Him.

I'm also learning to welcome the interruptions, allowing myself to stop and give time to whatever pops into mind. A recent example being forget-me-nots. Day after day, I've enjoyed their joyous clusters of loveliness. Noticing them has reminded me to 'forget not all His benefits,' (Psalm 103: 2). These tiny flowers have honestly helped me cultivate a more grateful heart this springtime.

Generally, I tend not ask God for things (intercede) as I walk, other than invite Him to join me. It's becoming like walking companionably with the dearest Friend. There is never a time that He doesn't show me something new... a smell, a view, a sound. And each one (if I allow it) stirs in me more reasons to be thankful...

Of course there is much to pray for in our trouble-filled world. I've downloaded some other prayers (such as Prayer for Ukraine) to help me to pray regularly. When I listen to these and pray into dark situations, the extravagant beauty of nature brings much needed perspective. A necessary balm, soothing to the soul.

I also realise that I'm learning to notice more. Bird watchers learn to recognise small tell-tale indicating signs whereabouts of birds. They are rewarded with new sightings and a glimpse of their behaviour. Similarly, the best God-dog walks are times to forget my to-do lists. With no agenda, He gives me new things to notice, a fresh perspective on something.

Last October, gasp-inducing double rainbows were suspended in the skies over Ardleigh and Dedham. You may have noticed them too. For over a fortnight, they became so frequent that almost seemed part of the landscape for my God-dog walks. These double rainbows are pictures of promise and hope. As true in the days of Noah as for our villages today.

God-dog walks often are a chance to laugh out loud... which is often as we watch our field spaniel launch himself into any available water in reckless abandon!

They provide an oasis in our too-full lives, much needed space to feel sorrowfull, stomp out frustrations and anger, or simply work out what we are feeling.

Sometimes I listen to scripture as I walk. I download a bible reading (Dwell is And... last, but by no means least... amazing) which I then listen to. In Acts chapter 8, there is a lovely story of Philip I get to meet some lovely people and reading. Listening to Dwell as I walk in such a JOY. nature helps me understand and apply the bible. Such a help when days are full. So, thank you. It's been a delightful often, because the soundtrack of Nature you and hearing your stories too. is more than enough.

What else?

As I walk past, I am often nudged to bless homes, farmland, and businesses. I enjoy the seasonal changes and delight in other people's gardens.



drawing alongside an Ethiopian traveller, neighbours as I walk. Stopping to chat helping him to understand what he is and getting to know you and them is

Occasionally I might listen to a worship indulgence to reflect on my recent Godsong that is already in my head. Not dog walks. I look forward to meeting

> And remember our snow-smitten friends... you don't need to have a dog to enjoy regular walks!

> > Caroline Allen (Photograph, 'Mayes Lane' by John Allen)



# The Duchy Barn Community Centre

is now fully up and running again, with regular activities taking place.

On Monday mornings the Water-Colour Group and on Tuesday and Thursday mornings for coffees and teas - a community drop-in with donations from visitors

to cover our costs. The coffee mornings would appreciate support from willing volunteers to help out on these mornings - if you're interested then please call Avril on 01206 322565. The Barn is available for private hire at very reasonable rates - further details and bookings can be made through Anne Rowledge on 01206 322394.'



# Our Queen Celebrating the Platinum Jubilee

For those who enjoy a knitting challenge!

https://knittingbypost.com/knitting-pattern/hrh-queen-elizabeth-ii-toy-knitting-pattern/



To Book phone 07748 262423 or contact daviddruitt@gmail.com

Choir website: kelvedonsingers.org.uk

# **Royal Occasions**

The earliest photograph I know of a royal event celebrated in Dedham shows the High Street decked with Union Jack flags in honour of Queen Victoria's Diamond Jubilee on 22 June 1897. Dedham must also have celebrated the Coronation of King Edward VII and Queen Alexandra on 9 August 1902 but so far I have found no details or pictures. If anyone can help, I should be delighted to hear.

Records of the various subsequent occasions celebrated in Dedham are uneven but are particularly vivid during the period from 1906 to 1950 when the Rev. F. G. Given-Wilson was Vicar: his detailed accounts of people, events and activities in the village appeared each month in the Parish Magazine. The first royal celebrations he described were those for the Coronation of King George V and Queen Mary on 22 June 1911. The day was cloudy, he said, and there was a blustery wind but the rain held off. The High Street that morning had a gay appearance and he wondered where all the decorations had come from. Everyone seemed to have some bunting stowed away and "the display of flags and streamers gave a touch of bright colour which was so lacking in the sky." After the short morning service in the packed Church with hearty singing of the three hymns, there was a procession which included the Dedham Territorials, Boy Scouts, Members of the Friendly Societies in their Regalia and then schoolchildren. Starting from the Boys'

Elementary School in Crown Street it made its way to Upper Park, at the invitation of Mr John Felgate, for a full programme of Sports lasting until late in the evening. Refreshments were provided for everyone, first the children and then the grown-ups. It would be too lengthy here to list the names of everyone involved but the entire population participated in the organisation and enjoyment of a splendid day. The proceedings concluded with a lengthy prize-giving at the end of the Sports, then Mr Deason's spectacular firework display launched with a rocket from the tower at Highlands (now Coles Oak House) at nine o'clock and finally the blaze from a magnificent bonfire lit by the Scouts at ten. By then it was too late to distribute the medals and mugs provided by Mr and Miss Hewitt as mementos for the children; so those were handed out at school on the following Monday.

By the time of the Coronation of King George VI and Queen Elizabeth on 12 May 1937 radio was available and in the morning parishioners were able to listen to the two-hour broadcast of the Coronation ceremony in London, on their own or their friends' wireless sets, before attending a United Service of Prayer and Thanksgiving in the Church at 2.30pm. In the afternoon there was a "gents versus ladies" cricket match followed by a Carnival on the Duchy Field at 6.30pm. This included competition for decorated vehicles in four classes - cars, motor cycles,



The High Street decked with Union Jack flags to celebrate Queen Victoria's Diamond Jubilee on 22 June 1897.



Baker Ted Eley's photograph of Queen Mary's visit to Dedham on 15 June 1938.

bicycles and prams - using crepe paper The Queen was shown the Grammar in various colours on sale in the village. School's Charter and some ancient A small entrance fee was charged to skeins of wool, relics of Dedham's help pay for the prizes. The day was cloth industry. In the church she signed were taken in motor-coaches to those at Sandringham) and the recently Coronation at the Regal Cinema.

The Oueen, widow of King George V flowers". "The flag flew out from the tower guest of Viscountess Byng, whose late the church." When Queen Mary was husband had been Governor of Canada driven away up Crown Street the from 1928 to 1931. The Royal Party visitors' cars slowed down, so that the visited East Bergholt and Flatford old folk in the almshouses and the o'clock in the afternoon on their way see her too. home. In the Parish Magazine for July 1938 the Vicar described the careful After warm sunshine in May 1953 there occasion. The police in the High Street and the Coronation of Queen were in charge of controlling the large Elizabeth II on 2nd June 1953 for parishioners; three hundred tickets had spent weeks in preparation for the from the High Street to the church was completed, but not according to overlooking the churchyard wall was organised by headmistress could get a good view.

rounded off with a "Coronation Dance" the Visitors Book, admired the vaulting in the Hewitt Hall (now the Assembly under the tower, and was interested in Rooms) from 8 pm to midnight. Two the Kempe stained glass windows in days later all the children in the parish the chancel (comparing them with Colchester to see the film of the -installed choir vestry screen. Her circuit of the churchyard was designed to give everyone a good opportunity of It was a fine summer's day for Queen seeing her and to pass by the War Mary's Visit on 15th June 1938. Memorial with its "tasteful decoration of (who had died in 1935) was staying at to the light and pleasant breeze, and the Thorpe Hall, Thorpe-le-Soken as the bells were chimed as the Royal Party left before coming to Dedham at five occupants of the council houses could

preparations which were made for the was a complete change in the weather crowd that came from around the coincided with pouring rain. In the July neighbourhood to welcome the Parish Magazine the Vicar, the Rev Queen. The churchyard was reserved A.R.Johnson reported that "the parish were issued and room was found for great day and, despite the very bad everyone. Schoolchildren lined the path weather, most of the day's programme porch and the Dedham Red Cross and plan!" A pageant to celebrate the St John's Ambulance were on duty in occasion was performed by the case of accidents. The front position children at the Primary School, reserved for the children, so that they Hooker and her staff with the cooperation of the parents who helped with making the costumes.

time and invited friends and neighbours Jubilee of Queen Elizabeth II, 7th to watch the Coronation ceremony June 1977 began with a special service with them. I do not remember the held in the Church on Sunday 5th June other activities which took place in the at 11 o'clock and public celebrations village because my sister Becky (now continued until Tuesday 7th, which was Curtis) and I went with our parents to a special Bank Holiday. These included a join the crowds of spectators in procession of decorated floats which London. Driving up in the early hours, made its way along the High Street, we secured places on the pavement in ending on the playing field with games, Pall Mall to watch the splendid entertainments and refreshments. The procession pass by. We had a very long, anniversary was recorded by the damp but cheerful wait. People put presentation of a Silver lubilee newspapers over their heads to ward Commemoration Pew in the Lady off the wet and kept up their spirits by Chapel paid for by public subscription. singing "It ain't going to rain no more" and WWI songs such as "Pack up your The Golden Jubilee of Queen troubles in your old kit bag" and "It's a Elizabeth II on I-4 June 2002 was an long way to Tipperary". The Queen, extra special celebration in the village when she finally arrived, looked thanks to the many parishioners who magnificent and the entire spectacle were involved in all the planning, was heart-lifting. Queen Salote of fundraising and organising involved. The Tonga endeared herself to everyone as Church was beautifully decorated with she rode in an open carriage, ignoring flowers for the Civic Service held on the rain and beaming with infectious Sunday 2nd June. Many residents enjoyment.

avoid being pulled into the water! Later Monday, all well recorded weather but we were exhausted after where a band was playing. such an early start and fell into bed.

Some families had television by that The commemoration of the Silver

contributed to a delightful exhibition of Coronation Souvenirs on show We returned home in the late weekend at the Assembly Rooms. afternoon in time to watch an inter- especially Betty Gladwin (1928-2011) village tug-of-war across the river whose house in Littlegarth Cottages, downstream from the bridge. Stratford Princel Lane was crammed with her St Mary's team was tipped to win and as amazing lifetime collection of Royal soon as it became clear to the Dedham memorabilia. Also on view was project participants that they were losing the work by the Primary School children. contest, they just let go of the rope to Events arranged for the Bank Holiday that evening fireworks were planned on photography, included a cricket match, the playing field and I believe they went a Parade and a Great Children's Tea ahead in spite of the unrelenting Party in a marquee on the playing field

# **FEATURE: Royal Occasions**



Ironmonger Eddie Ray's photograph of his Wolsey car featuring "Bergers Paints on Land and Sea" taking part in the Pageant celebrating George VI's Coronation in 1937. His note on the back says that the vehicle was preceded by six period attendants and Lord Nelson featured in the rigging of the ship.



Dedham's Vicar, The Rev A.R. Johnson rehearsing some of the schoolchildren taking part in the Elizabethan Pageant to be held on the Queen's Coronation Day in 1953. In the background are schoolmaster Mr H. G. Flegg, Miss Faye Watson and headmistress Miss E. W. Hooker.



The procession on 7 June 1977 celebrating the Queen's Silver Jubilee.

seemed to run like clock-work," he added, Pageant was broadcast live on a moments) and the rain stayed away".

Elizabeth II on 3 June 2012 was drink but could also buy their meal marked by an all-day programme of from a Hog Roast, a Bar and a Pimms' celebrations beginning with a Civic Gazebo. The day was rounded off with service at 10.30am in the Church, a "Grand Firework Display + a which was specially decorated to mark Surprise". I never discovered what that the Diamond Jubilee Royal Tours of the was! Commonwealth. The afternoon's

Describing the successful weekend in activities included a cricket match for the Parish Magazine for July 2002 the "Gentlemen of Dedham v Players of Vicar, the Rev Gerard Moate wrote of Dedham" at 1.30pm and an "American "the food and fun on the Duchy Field Tournament" at the Tennis Club at 2pm. culminating in a super firework display. All At the same time the Thames River "(although we know there were anxious screen in the Assembly Rooms. The evening began at 6 o'clock with a Big Jubilee Picnic on the Duchy Field, when The Diamond Jubilee of Queen people brought their own food and

Lucy Archer



The church porch decorated for the celebration of the Oueen's Golden Jubilee weekend, 1-4 June 2002.



Processing to join the Golden Jubilee celebration on 4 June 2002.



The tent prepared for the Children's Tea Party at the Golden Jubilee celebration on 4 June 2002.



# **Living More Sustainably**

Whilst locked down at home for all those months, like a lot of people, I tried to find ways to fill my time. We did all the usual things as a family like zoom dinners with friends and family, virtual escape rooms, couch to 5K, volunteering on the village phone line etc but I needed more. I really wanted to use my, now, spare time to positively impact our lifestyle and the world we live in.

I started looking into becoming more eco-friendly and wow was it overwhelming, where on earth did I start! All my research just made me more confused with many of the seemingly positive actions having also a negative impact. I decided to start small and focus only on using less plastic and recycling where it was not possible to avoid its use.

# Reducing Plastic

We were already using the milk man and so all our milk was delivered in glass bottles and we were having fruit and veg

delivered by a local supplier every week in a cardboard box.

Each month I set myself a target of trialling a few products. I started with personal care items: shampoo bars (these are great, but I have not found a decent conditioner bar anywhere!) and deodorant in cardboard tubes. I even found that you can get electric toothbrush heads for all makes of toothbrush which you send back to the company and they recycle them inhouse.

Then I moved on to toilet rolls, reusable kitchen roll (which is amazing and can be washed and composted at the end of its life!), biodegradable dog bags, dishwasher tabs, washing powder and even reusable colour catchers.

Now, let's talk clingfilm. I love the idea of wax wraps, they smell lovely, they come in pretty designs and they are natural. They are also really expensive. In addition, they don't last very long especially if you forget to wash them in

cold water and all in all I cannot get on with them. It is a very good thing that compostable cling film exists!

I recently started shopping at a refill shop and now there is a van that comes to Langham Community shop fortnightly, which is just brilliant (you can even order online and they will deliver). You can fill up your hand soaps, cleaning materials and your stock cupboard. small electrical appliances. There is also a refill section at the farm drop off point to Dedham is in Lawford. shop at East Bergholt and they even have Next month, we will hear more about all an Oat-milk refill station. There is an the amazing work they do. awful lot more accessibility now than there used to be.

until they are of no use.

# Recycling

There have been some improvements to recycling in this country. Now every major supermarket P.S if anyone has found a decent takes all soft plastic for recycling- even conditioning bar, please let me know! the Coop in Dedham has a bin just inside the door. Bodyshop packaging can all be returned to the shop for recycling, so I try to use their products when I need to - I may have a revolution on my hands if there was no shower gel in this house.

There is also an amazing Facebook group called 'Tendring Primary Recycling Scheme (TPRS)' who have recycling schemes for almost everything we use from pet food pouches to cheese wrappers to toiletries/makeup and even



Now, saying all this I still forget my fabric shopping bags sometimes and there are All of this doesn't need to cost a certain non negotiable items in our fortune. I only recently bought wooden household, such as toothpaste. Tablets pegs because my plastic ones had all for brushing your teeth are not going to broken and needed replacing. There is work for my family at present. All in all, no point in throwing away plastic items however, they have coped well with their eco alternatives and hopefully I have inspired some of you to start thinking about your plastic usage and massive maybe change just one thing.

Sara Marshall





# A Favourite Walk Round Dedham

For the past sixty-five years wherever I have lived I have walked: in rural and coastal Dorset, the Mendips, Cotswolds, Peak District, Lakes and Snowdonia National Park. So when I returned to England twenty-four years ago, after nine years abroad. I was more than happy to settle in another AONB and moved into Dedham. Since then, although no longer able to walk 20 miles at a stretch. I've explored much of Essex and Suffolk on foot. But in the last two years, for obvious reasons, my focus has been mainly on walking round the village and surroundings. Beautiful though strolling the riverside is, I found myself investigating the many lesser-known paths Dedham has to offer as the pandemic took hold and we began to experience unprecedented flocks of visitors anxious to escape from the towns into the relative peace of the countryside on sunny weekends and during holiday periods. I started saying to people as we passed from lockdown

to lockdown that I felt I had done every conceivable walk nearby, forwards, backwards and sideways and could probably even do them blindfolded!

Inevitably you develop favourite walks that you are happy to do again and again and one of the joys comes from noticing the progress of the seasons week by week as well as the subtle - and sometimes not so subtle - changes that the weather makes to the same walk. One of my favourite rambles is the one I'm about to describe. You may, of course, already be familiar with it indeed I was shown part of it by a friend in the first instance - in which case my apologies. One of its advantages is that this walk can be shortened, or extended at various points so adding to its variety, depending on how much time or energy you have.

Wherever you start from, first make your way to the rear of Royal Square and diagonally across the grass to the back of the Playing Fields. A kissing gate to the right of the cricket pavilion leads onto an enclosed path between two

fields, then across two more meadows, vehicles early and late in the day. If you opposite direction. During very wet snowdrops ahead into another field.

houses on both sides, but beware the second lake is a small islet.

where several horses are usually grazing pause and lean over any one of several peacefully, passing a very old, very dead gates into the fields on your left you will tree which I find makes a useful resting get even better views. The banks on place when ending a walk from the either side, sprinkled with clusters of and overlooked winter months a flooded area forms blackthorn blossom - always a sure sign near the bottom of the second meadow of a cold weather according to my and early last Spring a family of geese grandmother - a few short weeks ago, goslings took up temporary are, at the time of writing, smothered residence there. Cross the foot-bridge with celandines and clumps of primroses, while may/hawthorn flowers and leaves are cautiously emerging now, thanks to By this time, with rooks cawing in the the recent welcome, if unseasonably distance and rabbits scattering at your early spell of warm sunshine. Eventually approach - fewer now than a year ago - you reach narrow Monk's Lane on your may hear a ubiquitous green left, with a small area of woodland full of woodpecker or yaffle. Ignore a faint daffodils in March lying on its right. track leading diagonally off to the left and Follow this lane down to the bottom, carry on for a few yards close to the where the tarmac surface changes to a field edge on your right until you reach a rutted stony track that climbs again on crossing path by a gap in the hedgerow. the far side of the Black Brook. At this Listen out for great tits, which my father point turn right along the near side of always referred to as 'bicycle-pump' the fast-flowing brook - this stretch can birds because of their squeaky two-note be muddy after winter rain - to reach call. Once again ignore the faint path to two small lakes that feed into the brook the left and turn right along a much in an unusual way. Keep your eyes open clearer path leading straight across the for some unexpected sights in the water field towards a second footbridge beside and along the banks - you should spot a a short stretch of fencing. As you cross shark, a crocodile, a snake and a pair of the field you may be lucky enough to legs waving in the air! Every time there is hear a skylark singing. Turn round and something new to catch the eye. One or admire the view before crossing the two rustic benches, a tree-trunk placed bridge onto a narrow, enclosed path across the stream and stepping stones, between two long gardens. This leads up as well as wild flowers and crocuses to the Dedham-Ardleigh road. Cross flourish on the banks between the trees. carefully and bear left along the narrow A flock of white farm-yard geese pavement to reach the junction with invariably graze on the far side of the Cole's Oak Lane. Leave the B1029 here. lakes. Last time I was there they were facing off a flock of Canadian geese in a The lane is generally quiet, despite a few very noisy squabble. At the far end of there had been seasonally decorated, bluebells, Already on sunny days you can The owner of Monk's Farm has been see the odd butterfly and often hear a responsible for creating this magical buzzard mewing overhead. The lambs' spot in recent years.

onto Boxhouse Lane, hard surfaced, more obvious and 'sticky' horsethough little used by cars. Turn left and chestnut buds burst open. climb steadily. Open fields lie to your right and if the wind is in a certain Instead of climbing back up Monk's Lane, direction you may briefly hear the faint turn right at the Black Brook and follow rumble of traffic from a nearby stretch the right bank until it reaches the of the A12. Finally you will see a small Ardleigh road. (The last short stretch copse to the left, opposite a house involves entering a small enclosed grassy called, if I remember rightly, area via a gate out onto a gravel drive to Newfoundland alongside a farm. A path the left of a house.) Cross the B1029 leads through the copse where I once just beyond a converted barn, being heard a pair of angry magpies driving off mindful of traffic and take the footpath an over-inquisitive squirrel and over a between the back of the farmhouse stile into a field. Cross to the right of a opposite and the side of an old barn. lone tree and exit by a gate onto a Beyond the barn the path continues narrow, surfaced lane bending gently beside a hedgerow all the way back into round to the left, with fields and the Dedham and you will eventually retrace occasional house on either side. The your earlier footsteps out onto the lane ends close to the Lamb Corner Playing Fields again. junction on the B1029.

Just before the junction turn sharply left and you will find yourself at the top end of Monk's Lane, surfaced for a short way and lined with a few houses before it reverts to a stony track winding gently up and down until it reaches the point where it crosses the Black Brook encountered earlier on the walk, from the other side. From time to time on the way there are splendid views and a fallen tree on a bend affords another pausing place. The occasionally steep banks are carpeted with spring flowers at the moment, including violets and by

Last year the Christmas tree growing next month there will be short drifts of tails have all but vanished now, just as the black ash buds that my little sister Once beyond the lakes a gate takes you thought of as 'cinder' buds become

Lucy Marshall



**25th June & 30th July,** 10 am~ 12 noon 29th August, Bank Holiday Monday. All day 24th September, 29th October

# 2022 Village Quiz

## Saturday IIth June in the Assembly Rooms

All teams who had booked a table for the original date have been advised of the new date and we do have room for a few more tables if you could not make the original date or would like to bring a new team.

For more details please contact
David Druitt 01206 322000 or Jill Strangward 01206 322006

daviddruitt@gmail.com or jillstrangward@gmail.com



#### **DEDHAM FILMS**

# Belfast (12A), Directed by Kenneth Brannagh Wednesday, June 15, 2022, 7:30 PM to 10PM

Belfast, 15 August 1969. BELFAST is a movie straight from Branagh's own experience. A nine-year-old boy must chart a path towards adulthood through a world that has suddenly turned upside down. His stable and loving community and everything he thought he understood about life is changed forever but joy, laughter, music and the formative magic of the movies remain.

Tickets £5 will be available Online on our website, In-person at RSVP Dedham High Street or on the door.





# Midsummer madness

With the longest day on the 21st, there's plenty of daylight (and hopefully sunshine and warmth) in which to get in the garden or on the plot.

So to work! Stop slumping about with a cup of tea. Those longer days (and hopefully sunshine and warmth) will be encouraging plants to grow vigorously; they'll need staking and supporting to keep them from flopping about in an ungainly fashion.

It's surprising how tall dahlias can get and I've got a lot of them in the borders. I've found if I use a cane the stems can snap where they are tied due to the weight of the flowers, so this year I'm trying grow-throughs. If you get the supports in early enough, they'll soon be hidden by foliage.

Provided the weather is dry, it's a good time to clip topiary plants such as privet ovalifolium) (Ligustrum or (Buxus sempervirens). If you're clipping box, you should already be checking for signs of box tree caterpillar. Eggs (flat, pale yellow discs around lmm diameter) can be laid during the March to October breeding season on the underside of leaves. lf you overlapping clusters about the size of a fingernail, just wipe them off.

Sadly and far more likely, you won't realise you have an infestation until you see the white webbing surrounding the feasting caterpillars. By that time, you'll likely need some professional pest management to fend off the doom.



(Sorry).

A more significant cutting back is needed on my Weigela 'Bristol Ruby', Deutzia × hybrida 'Strawberry Fields' and Spiraea 'Arguta' (bridal wreath) shrubs to keep them in shape and flowering well. Now they are finishing flowering I'll thin out the older, thicker stems with secateurs or loppers. It's important to do it now so new growth this year has enough time to ripen over the summer for good flowering next.

Sow biennials — foxgloves, honesty or wallflowers — in seed trays or modules now and put them outside in a cold frame or cool, sheltered spot. Once the seedlings are big enough, transfer them to 9cm pots where they have plenty of room to grow on before planting them out in autumn. They'll grow strong roots and foliage so they can make it through

from the pelargoniums I bought last year. growth. Softwood cuttings work well I lost some over winter so this will give from ornamental shrubs and woody me backup plants this time round. I've herbs, like that spiraea as well as also got a lovely Sambucus nigra 'Black buddleia, callicarpa, fuchsia, lavender, Lace' and several salvias I want to rosemary and more. propagate. You can take these cuttings at any time from March to August.



long – from the current season's growth. Use a sharp blade to cut the stem back to just below a leaf joint, then carefully remove the leaves from the bottom half. Pinch out the soft tip and cut each remaining leaf in half to reduce water loss. You can increase your success rate by dipping the base of the cutting in rooting hormone, but it's not strictly necessary. Put the cuttings into 7cm pots of moist cuttings compost so that the lower leaves rest just on the surface.

canes and a clear plastic bag to go on a details on warm window ledge. You'll know you've www.dedhamgardening.wordpress.com

I want to try taking softwood cuttings been successful when you see fresh

Hopefully, that's given you enough Cut strong shoots - no more than 10cm inspiration to keep busy in the garden this month. Enjoy!

Elliott Frisby Dedham Horticultural Society



If there are still tickets left, 16th June is the deadline for joining us on our day Put the pots in the greenhouse or a trip to Fuller's Mill Garden in West propagator or make a DIY version with Stowe near Bury St. Edmunds. Full



# High Street, Dedham, CO7 6DE 01206 940123

# Award-winning local, independent agent

- Fully immersive 360° tours
- Bespoke particulars
- 3D floorplans
- Social media adverts

You won't be tied into a lengthy contract with us — we offer a zero week tie-in period

- Professional drone photos
- Premium Rightmove listings
- Experienced, award-winning team
- Associate office in Park Lane, London









## Coopers Lane, Dedham, CO7 6AX

Commanding a superb location on a substantial plot, this period cottage offers accommodation comprising three reception rooms, contemporary kitchen / dining room, study / bedroom five, four further bedrooms and three bathrooms.



The property has been renovated to a high standard throughout and further benefits from off-road parking and glorious gardens.

EPC Rating: F

Guide Price £1,250,000









sales@kingsleighresidential.co.uk lettings@kingsleighresidential.co.uk www.kingsleighresidential.co.uk



#### **EXOUISITE ATTENTION TO DETAIL**

TOAD HALL THE HEATH, DEDHAM ESSEX, CO7 6BT 01206 323230

WWW.BAILANDCONSTRUCTIONLIMITED.CO.UK ENOUIRIES@BAILANDLTD.CO.UK



# Bland Landscapes Ltd 01206 230882



www.blandlandscapes.co.uk blandlandscapes@outlook.com

#### Our services include:

- \* Treework Specialists
- \* Fellina
- \* Pruning
- \* Reducing
- \* Reshaping
- \* Stump Grindina
- \* Seasoned Logs

- \* Fencina
- \* Green Waste recycling
- \* Driveways
- \* Patios
  - \* Turfing
  - \* Planting
  - \* Commercial Grass Cutting

If your interested in Tree Surgery or Landscaping job opportunities, please contact us for recruitment possibilities.

# MARK FAGE ARCHITECT

MODERN AND TRADITIONAL DESIGN RESIDENTIAL & COMMERCIAL PROJECTS LOCAL KNOWLEDGE AND SUCCESS

Tel 07976 655387 www.markfage.com mark\_fage@btinternet.com e mail





#### Look what we can book for you

Ocean & River Cruises • Land Tours • UK Breaks • Weddings • Summer & Winter Getaways • Tailor-Made Itineraries • Worldwide Holidays • Car Parking & Hire • Airport Hotels & Lounges...

And so much more!

#### 001473 551259

karen@gocruiseandtravel.co.uk

www.gocruiseandtravel.co.uk/karenandmark



# Andrew Ablett Servicing & Repairs

Foxash Workshop, Foxash, Lawford, COII 2LR

TEL: 07917 223274

Servicing, Repairs, Diagnostics Cars - Vans - Motorcycles

# Nigel Bruce Industrial & Domestic

# **ELECTRICIAN**

'The Swift', Upper Street, Stratford St Mary, Colchester CO7 6JW

Tel: (01206) 322 751

SOLAR PANELS



# ACT, REDUCE, SAVE.

Knowing what was to come, would you have done everything in your power to prevent COVID-19?

## OF COURSE YOU WOULD HAVE!

The volume of CO2 produced each day from the entire population is putting the planet in danger. To avoid a climate pandemic, that will have critical consequences on our future, we need to ACT now.

To REDUCE our carbon footprint, let's start with improving our homes. HIGAIN Termo Clima is an established UK company that has been installing renewable technology solutions since 1988.

We can offer a result-based planning consultancy service ranging from application to design to structure; and will thereby reduce the CO2 produced by your home, improve your energy efficiency and SAVE you money - as well as the planet.

#### WE ARE APPROVED INSTALLERS OF:







DAIKIN ZOPPI







We are a new concept Physiotherapy service. We have a different approach to helping you get back to doing what you do!

Book Online Now (no GP referral needed) www.physio3.co.uk

> Call us 01206 638 482

You will speak directly with one of our advanced Physiotherapists.

#### Find us

Colchester United Community Stadium United Way, Colchester, CO4 5UP

Connecting you back to your community



Jo Hogger

07868 541853 www.gravesflowersbyjo.co.uk

#### **LIDDLEBUILD** BRICKWORK

N.V.Q / City & Guild Qualified

All aspects undertaken: New Builds, Extensions, Garden Walls Repair, Block Paving, Slab Work

Call for a free quote today Tel: 07881 095818

Email: liddleiain@gmail.com



# **Dave's Private Hire**

Professional and friendly service

### Based in Dedham

For all your travel needs:

- Visits to local shops
- Days out
- Airports
- Cruise terminals

Licensed to carry up to 4 passengers

To make a booking please call

07834 570479

davesprivatehire44@gmail.com



# Make your home perfect

Bespoke, handmade soft furnishings & upholstery

Contact Annabel 07539 722496 © sewnimble



- Companionship
- Transportation and errands
- Meal preparation
- · Light housekeeping
- Help with washing
- Personal care
- Medication support
- Post-operative support
- Live-In care
- Specialist Dementia care
- Hospital to home

and much more...

01206 932792

## Contact us today on:

- 01206 932792
- colchester@rightathomeuk.com
- www.rightathomeuk.co.uk/colchester
- www.facebook.com/rightathomecolchesteranddistrict/





Tel: 01206 322674 Mob: 07732 039726

Email: nicola.pedicare@gmail.com Web: www.pedicarefootclinic.co.uk

Dedicated to the care of your feet

# Also at Pedicare: Felicity Watts Reflexology

in need of relaxation?

Please contact Felicity for an informal chat about the benefits of Reflexology and how it can help you.

T: 07432 098079
E: fjwattsreflexology@gmail.com

Relax • Restore • Revive

London House, High Street, Dedham, Colchester CO7 6HA

# Essex & suffolk & PEST SOLUTIONS

Your local pest control experts for home & business

- Free advice, fast response
- Highly accredited (NPTA)
- Fully qualified & insured
- Discreet unmarked vehicles

Tel: 01473 328092 (Holbrook)

Email: info@eandspestsolutions.co.uk





Osteopathy and Western Medical Acupuncture Clinic in the heart of Dedham providing treatment for:

- Back pain & sciatica
- Arthritis pain & stiffness
- Neck & shoulder pain
- Trapped nerves
- Tennis/Golfer's elbow
- \* Tendinopathy
- All joint strains
- Muscle/ligament strains

Dedicated to getting you better.



Luke Jackman Bsc Hons Ost Registered Osteopath

Tel: 01206 323 239 / 07974 144593 www.dedhamosteopathy.co.uk

# P.J. SAMPSON **BUILDERS**

COMPLETE BUILDING SERVICE 30 Years' Experience

Tel: 01206 230619

Brick work Specialist
Painting & Decorating
Plastering and Carpentry
Plumbing & Electrics
Roofing

All Property Maintenance



Mr Terry Spence, Director SPENCE ELEC LIMITED 25 Beechgrove, little Oakley, Essex, CO16 8GE

> Office: 01255 886422 Mobile: 07939 554197 www.spenceelec.co.uk

# All Electrical Work Undertaken Domestic & Commercial

ECA / NIC EIC Approved Electrical Contractor Fully Insured. New Installation. Rewires and Upgrades. Additional Sockets and Lighting. Garden / Garage Power and Lighting. Full Electrical Testing and Inspection Service. Domestic Electrical Fault Finding and Repair.

24 Hour Emergency Call Out Prompt Reliable Service





- Log burners, open fires, inglenooks, agas
- Traditional sweeping and power sweeping
- CCTV inspections and reports
- Birdnest removal

- Insurance recognised certificates
- · Cage, cap and cowl fitting
- · Moving/ new home inspections and advice
- Fully insured

www.dedhamvalechimneysweeps.co.uk

mike@dedhamvalesweeps.co.uk

07854 369 690



dedhamvalesweeps



# #DEBBIEMILLARSCHOOL DANCE

Dance classes for ALL ages & abilities

For fun, recreation, progressive ISTD examinations

Toddlers Ballet & Tap
Pre-school Modern
Children Jazz
Teens Disco/Street
Adults Musical theatre



Tel: 01206 230806 Email: debbie@debbiemillar.co.uk www.debbiemillarschoolofdance.co.uk

#### JP WILSON PLUMBING AND HEATING Gas Engineer TEL: 01206 322141 MOBILE: 07445 270703 Bathroom Installation EMAIL: jon@jpwplumbing.co.uk **Boiler Installation** www.jpwilsonplumbingandheating.co.uk **Faults & Servicing Landlord Safety Certificates** Chartleigh **Unvented Systems East Lane** Dedham **Fully Insured** Essex CO7 6BE



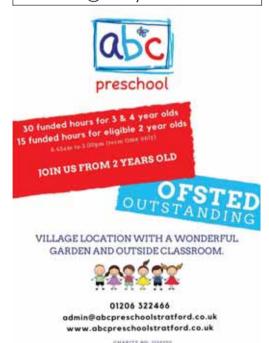
# Dedham Church of England Primary School

# Lifelong love of learning

At Dedham Primary, we equally value personal, emotional and spiritual development alongside academic progress. We value the individual whilst recognising the importance of contributing as local and global citizens in the world and we work closely with families and the community to equip children with the values and knowledge needed for the next steps in their lives.

We look forward to welcoming you to our school.

Headteacher: Mr David Larner www.dedham.essex.sch.uk 01206 322242 @PrimaryDedham



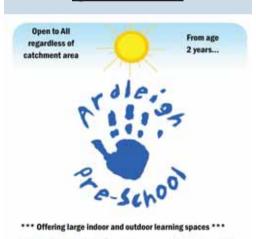
The new

Cancer Care Navigator Team

are here to help people get the right help & support with all non-medical needs

They are trained staff working along side *Ipswich & Colchester hospital* & with the local GP surgeries to support newly diagnosed patients, their families & carers with practical, financial & emotional concerns they might have.

You can self-refer by calling Colchester on 01206 487288 or Ipswich on 01473 702125 or you can email cancercarenavigators
@esneft.nhs.uk



www.ardleighpreschool.co.uk



For all your lock requirements, please call your local Locksmith, based in Brantham

07887 686839

Email: trevor@towneslocksmiths.co.uk







As more support services become digital, it is often assumed that everyone has access to a computer. But some do not.

Please support Beacon House, Colchester, so that we can help homeless people to access jobs, benefits and housing, or just keep in touch with families and friends.

All our services are free to those in need, but our costs include IT equipment, software, internet services and literacy support.

www.beaconhouseministries.org.uk Bank account: 23-05-80, 24181162





## Here **whenever** you need us

Funerals | Memorials | Pre-paid Funeral Plans

Hunnaball of Colchester York House, 41 Mersea Road, Colchester CO2 7QT 01206 760049 Geo. Paskell of Manningtree 19a High Street, Manningtree, COII IAG 01206 396709

www.hunnaball.co.uk

#### Leisure Hire



#### **Marquee and Equipment Hire**

- Marquees erected on most surfaces
  - Awnings Walkways •
- Extensions to Buildings
   Linings
   Lighting
   Furniture
  - Flooring & Staging Heating •

Summer or Winter Weddings Anniversaries Corporate

Brochure upon request

(01206) 242 196 leisurehire@gmail.com





- Chauffeur driven Mercedes Benz E Class
- Serving Essex and Suffolk
- Fully licenced, trained and insured
- Courteous, professional and friendly
- Based in Ardleigh, Colchester

Call us today for a free quote

07889 924 307

valleyexecutivetravel.co.uk

info@valleyexecutivetravel.co.uk



#### FUEL

- Kiln dried Oak Full Tonne Bag £185
- Kiln dried Birch Net Bag £14
- Kiln dried Oak Boot Bag £35
- Kindling £5
- Heat Logs £5.95

All woods are kiln dried and ready to burn Delivery available

FREE Kindling with every tonne bag order

**2 01206 251118** 

Bentley Fire Shop Plough Road Great Bentley Colchester COZ BLG



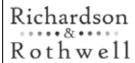
## A \* LIVING SOLUTIONS LTD.

DECLUTTERING ORGANISING HOUSEKEEPING DECORATING Property Staging Mob Tel: 07772976760

WEBSITE www.alivingsolutions.com EMAIL alivingsolutionsltd@gmail.com

#### PROPERTY SERVICES COLCHESTER

KITCHENS BATHROOMS EXTENSIONS CONVERSIONS GARDENS.











184271

Plumbing and Heating Limited
Unit I, Manningtree Road, Dedham

#### Make us your first call for plumbing & heating requirements.

We are your reliable local plumbers. We undertake all plumbing works from heating systems and bathroom suites to solar heating, air source & ground source heat pumps.

We offer a free quotation service so please call us to find out more details.

Tel: 01206 323732 Fax: 01206 323735 email: steve@richardsonandrothwell.co.uk





## Marquee & Equipment Hire

John Kettle

Mob: 07432 657790

Web: www.marqsandtenters.co.uk





## Personal Training No Joining Fee

Free Fitness Consultation Contact Mark 07769703131 mark@fitfaff.com

### A.Slocombe General Builder

Hard Landscaping, Roofing and Property Maintenance

Brickwork, Blockpaving Drives, Carpentry No job too small, for free friendly advice and estimates phone

01206 322 884 / 07786 871 364



- Rewires & Additional Points
- Fuse Board Replacement
- New Builds, Kitchens & Bathrooms
- Electrical Testing / Fault Finding

07818 487419

01255 861791

Office

daniel.williams35@btinternet.com

### Would you welcome a fresh, new approach to selling your home?



www.parkerandblack.co.uk

01206 481818



Property Specialist



95 School Lane, Stratford St. Mary

Suffolk, CO7 6LZ Tel: **01206 322969** 

Mob: 07534424493

E-Mail: info@orwellelectrical.co.uk

www.orwellelectrical.co.uk







### Call us for a free quotation

- Electrical Installations
- Electrical Testing
- Lighting Design
- Fire Detection Services
- 24-Hour Call out
- Response Maintenance









## Home Care As Wique As You Are!

Respite Care
Personal Care
Household tasks
Medication Support

Oak Shopping
Overnight Care
Meal Preparation
Cleaning and Laundry

Office: 5 Langham Barns, Langham, CO4 5ZS

Website: www.1oakcare.com Email: essex@1oakcare.com

01206 433 24 7

Members of





Regulated and inspected by the Care Quality Commission



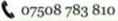
## **Dedham Vale Fitness** Personal Training

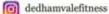
- \*Local low cost 1-to-1 personal training
- \* Free consultation just call to arrange
- · Qualified PT to help you reach your fitness goals
- All ages and fitness levels



#### David Elden

dedhamvalefitness@gmail.com





- · Well equipped private gym or home visits
- Cardio, weights, CrossFit or general conditioning
- · Beautiful open views while you train
- A perfect alternative to busy public gyms.





#### Jade Wheeler

Painter & Decorator

M - 07803507699

E - jade.decorating@mail.com

II - JWPainting07803507699





## SKYLARK.

**OPENING JUNE 2022** AT PRETTYFIELDS VINEYARD. ARDLEIGH, CO7 7PF

OPENS MONDAY TITH JUNE

7 DAYS A WEEK

BAM - GIM LOCAL & SUSTAINABLE PRODUCE

RE-PILL STATION



OPENS FILIDAY YTTH JUNE

WED/THUBLIN TAM - 90M FRUSAT HAM - HPM

CAFE, BBQ & BAB

FOOD THUCKS, MUSIC A.FVENTS



KEEP UP TO DATE ON OUR SOCIAL MEDIA 🙉 SKYLARKSOCIAL







### Manningtree Body Repair Centre

Riverside Avenue West
Lawford
Manningtree
Essex
COII IUN
Tel / Fax: (01206) 393 191

All Vehicle Body Repairs & Refinishing work undertaken including:

- · Insurance Work, MOT welding, Panel Beating and Spraying
- · Assistance given to "Non-Fault"
  Third Party Insured
- · Collections and Delivery





Richard Kimberley Services

Lawn Mower Service and Repair Centre
Rotary pedestrian, ride-on mowers, rotavators.

Shear sharpening service. Welding expert.
Proven workmanship. Engineering workshop established over 30 years.

Competitive, fast service, collection and delivery by arrangement.

Telephone: 01206 230964
Email: rks@richardkimberleyservices.co.uk
88 Hungerdown Lane, Lawford, Manningtree, CO11 2LY





The Essex Lottery is a weekly lottery run by Essex County Council to help the county's charities. Sixty percent of ticket sales goes to good causes that benefit Essex residents—more than double the proportion for the National Lottery. 50p from every £1 goes to the good cause chosen by the lottery player and 10p goes into a central fund for smaller causes. Local charities or good causes can register free of charge. More details online: www.essexlottery.co.uk

## S. J. Smith

#### PLUMBING AND HEATING ENGINEERS

## From an extra radiator To a full heating system



- \* Boiler changes
- \* Bathroom suites
- \* Aqualisa, New Team & other showers
- \* Electric showers
- \* All heating and plumbing repairs

FREE ESTIMATES CORGI REGISTERED

> M: 07515 288736 O: 01787 228341

info@blaketreecare.co.uk www.blaketreecare.co.uk

22 Bullock Wood Close

#### COLCHESTER 843 493



Providing excellence

i:

Tree Felling - Canopy Reduction - Hedge

Cutting

Tree Shaping and pruning - Stump Grinding

Pollarding - Emergency Storm Damage

Free Consultation for Small and Large Jobs

#### ARDLEIGH CHIMNEY SWEEP SERVICES



- · Traditional and Power Sweeping
- CCTV Inspections
- · Safety Certificate Issued
- · Fully Insured

ANDREW SMITH

01206 231718 · 07845 249820

31 HARWICH ROAD, LAWFORD, MANNINGTREE, ESSEX CO11 2LS



Please contact with all enquiries. www.RebeccaSheilPhotography.com RebeccaSheilPhotography@yahoo.com

## Victoria Baker

Personally designed courses to improve posture, joint alignment, movement and strength.

Group and Individual sessions in a private, comfortable studio.

The Assembly Rooms High Street, Dedham Colchester CO7 6HJ



office 01206 322244 mobile 07887 987280 www.victoriabakerpilates.com

#### PHILIP STRANGWARD - ACCOUNTANT

(Dedham based)

Full service at competitive rates, including:

- \* Limited companies
- \* Bookkeeping
- \* Corporation tax
- \* Self assessment
- \* Vat returns

ICPA

\* R&D tax claims

- \* Making tax digital
- \* IR35 compliance
- \* COVID-19 support
- \* Company formations
- \* Business plans
- \* Payroll

Call Philip Strangward on 01206 643000 or 07880 550000 pstrangward@gmail.com for free initial consultation www.philipstrangward.co.uk





Joined up Legal Services

for you

and your family

When it comes to your legal needs, one benefit of working with FJG is that we offer a full range of legal services. We can help with Conveyancing, Equity Release, Family Law, Planning, Personal Injury and Wills, Life Planning & Probate providing joined up thinking that keeps all of your legal affairs with one trusted firm.

Contact us today to make an appointment. Legal advice with a conscience.



Fisher Jones Greenwood LLP, Charter Court, Newcomen Way, Colchester Business Park, Colchester, Essex, CO4 9YA Offices across Essex and London 01206 700585 www.fjg.co.uk enquiry@fjg.co.uk





A REFUGE THAT'S EASY TO FIND BUT HARD TO LEAVE. WHERE TIME SLOWS DOWN IN THIS RUSTIC RETREAT.

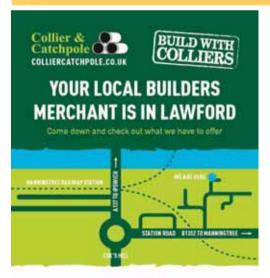
> The Sun Inn, High Street, Dedham, Essex CO7 6DF Telephone: 01206 323351 www.thesuninndedham.com







(A) SUNININDEDHAM



### **WE STOCK**

BRICKS & BLOCKS DRAINAGE FENCING BARK & TOPSOIL TIMBER & INSULATION RODFING PAINT LANGSCAPING

Get in touch 01206 489299



## **Dedham High street**

THURSDAY 2pm - 2.30pm

Straight from Lowestoft fish market! A wide selection of fresh fish, smoked fish and seasonal shell fish.

## **Every Thursday**

2pm- 2.30pm

by the Dedham memorial

Deliveries also available in the Dedham area on Thursdays.



Clinic One, Clarkes farm, Harts Lane, Ardleigh, CO7 7QH 👩

juliacfoster@yahoo.co.uk

# Cakes by Abi

#### www.abisartoncakes.webs.com

Which taste as stunning as they look.

Formerly a Pastry Chef at Claridge's specialising in stylish cakes and patisserie for all occasions. Based in Dedham.

Mobile: 07870217003 Email: abisarton@gmail.com



## Good times are ahead!

And we are still here for you and your family

A conversation with one of our financial advisers could give you the clarity and planning you need for the future

Fiducia Wealth Management, Dedham Hall Business Centre, Brook Street, Dedham, Colchester CO7 6AD.

T: 01206 321045 E: email@fiduciawealth.co.uk fiduciawealth.co.uk





May - November 2021

Pre-booked tickets only: Weds, Thurs + Sat, 11am-3.30pm Guided Tours Tues + Fri, 11am + 2pm

Summer art workshops for adults

www.munningsmuseum.org.uk enquiries@munningsmuseum.org.uk 01206 322127

Reg. charity no. 310671







Hewes has been keeping Businesses and Families Safe and Secure since 1961

We supply both Commercial and Domestic properties and are a National Security Inspectorate (NSI) Gold installer and can install new systems or upgrade existing equipment.

- CCTV Supply & Installation
- Intruder & Fire Alarms
- Access Control & Gate Automation
- 24 hour Monitoring & Police Response

## Concerned about SECURITY?

Would you like a FREE Security Review?



01206 807218

HewesGroup.com





Lodge Park Business Centre, Lodge Lane, Langham CO4 5NE

#### HOLIDAY COTTAGE

Long Road East
DEDHAM

Weeks, Weekends & Between Houses.

Tel. 01206323345 / 07979757470

www.holidaycottagededham.co.uk

E Mail owlbarn@live.com

Vale

BEAUTY LODGE

6000

A full range of beauty treatments located within the heart of Dedham.

Contact Denise to book on 07445 281330

www.valebeautylodge.com

## DEDHAM VALE TREE SURGERY

NPTC qualified, fully insured 24 hr emergency tree work Hedge maintenance and reduction Logs, kindling and woodchip supplied Stump grinding All tree work undertaken Crown reduction and shaping Crown lifting and thinning Pruning and pollarding Felling, sectional dismantling

Specialising in big trees in delicate situations

info@dedhamvaletreesurgery.co.uk www.dedhamvaletreesurgery.co.uk 07756 811098