

DEDHAM PARISH MAGAZINE



March 2019
'Swans over Maud's Boathouse'

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DEDHAM PARISH MAGAZINE

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MARCH 2019

NOTE: Deadline for April magazine is 14/03/19

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dedham-and-ardleigh-parishes.org.uk

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Can we help?

Sometimes things in life can just get too much to cope with on your own...

Psalm 34:18: *The Lord is close to the broken-hearted and saves those who are crushed in spirit.*

If you would like some support or know of anyone who would, please contact:

Ann Shaw ☎322 192 or Christine Mingay ☎230 723

If you have been bereaved or know of anyone who has, please contact

Vee Druit ☎322 000 or Ruth Higginson ☎322 598

First Steps: Want to get back involved with church but don't know where to start?
Contact Liz and John Reed tel: 323770

Throughout the magazine local telephone numbers omit ☎01206 area code unless otherwise stated.

Services for MARCH

Sunday 3rd March

8am	Holy Communion BCP	Dedham
9.30am	Rise N Shine <i>Creating Space</i>	Dedham
11am	Morning Prayer & Baptism CW	Ardleigh
5pm	Evensong	Dedham

Wednesday 6th March - Ash Wednesday

6pm	Ash Wednesday Communion	Dedham
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Sunday 10th March

8am	Holy Communion BCP	Ardleigh
9.30am	Holy Communion CW	Dedham

Sunday 17th March

8am	Holy Communion BCP	Dedham
9.30am	Matins	Dedham
11am	Parish Eucharist	Ardleigh
3pm	Sunday@3	Ardleigh

Sunday 24th March

8am	Holy Communion BCP	Ardleigh
9.30am	Morning Praise	Dedham
5pm	Revive@5	Dedham

Sunday 31st March

9.30am	Mothering Sunday	Dedham
11am	Mothering Sunday	Ardleigh

Sunday 7th April

8am	Holy Communion	Dedham
9.30am	Morning Praise	Dedham
11am	Morning Prayer	Ardleigh
5pm	Evensong	Ardleigh

BCP – Book of Common Prayer CW – Common Worship

FLAG DAYS:



13th March
Commonwealth Day



29th March, Palm Sunday
30th March, Good Friday

FROM THE REGISTER:

Wedding:

26th January 2019
Nick Bretherton and
Rebekka Pearce

Weekly Midweek Services:

Tuesday Morning Prayer
at Dedham at 10.30am
Thursday Evening Prayer
at Ardleigh at 5pm

Special Events:

Alpha Holy Spirit Day: Saturday, 2nd March 9.30am-2pm - Assembly Rooms

Dedham Lunch Club: Monday, 4th March 12.30pm - Essex Rose Tea Rooms, Dedham

Lent Quiet Morning: Wednesday, 6th March 10am-12.30pm - Dedham Church

Men's Breakfast: Saturday, 9th March 9am- The Vicarage.

Ardleigh Friendship Group: Tuesdays, 12th & 26th March 10am-12pm Ardleigh Church.

Mission Bake Sale - Saturday, 16th March 10am - Duchy Barn, Dedham.



Alpha 2019

Alpha Course every Tuesday 12.30-2pm or 7-9pm at the Duchy Barn

If you would like a lift to church contact Ann Shaw ☎322 192 or Ruth Higginson ☎322 598

What's your experience of Church?

I wonder what you think about the church, not just the building but the people who go to it? Your experience can colour your view in a positive or negative way.

I remember many years ago camping in France when our children were quite young. One lunchtime I was at the communal sinks alongside another dad doing the washing up and we got into conversation. We talked a bit about the weather (we were British after all!) and how long we'd been on holiday and where we came from back in England. My companion at the sink then asked "and what do you do for a day job". How, I thought is he going to react when I tell him a vicar.

Thankfully he wasn't too freaked out and almost immediately started to tell me about the approach he had made to his local church regarding Baptism for his first child. It sadly had not been a good experience, he'd found the vicar rather curt and unfriendly and although he understood the church had a baptism policy they didn't feel very welcome and put off he and his wife pursued it no further. I listened with sadness and although it wasn't a recent event I could feel his hurt and disappointment. I apologised on behalf of 'the church' and acknowledged clergy were not perfect. I hope our encounter perhaps broke down some of his negative feeling about how he viewed the church and by association God. I think it must have

done, because he grew in confidence in pulling my leg through the rest of the holiday! I trust since then he may have given the church another try.

In every parish where I served as I went out and about in the community I came across people who, like my washing up pal in France, had tales to recount of how in some way the church had let them down or had a moan about the previous vicar for what they had or hadn't done. And I discovered people have long memories! I have to assume in the parishes I have left there are folk who talk about me because in some way I failed them for which I am sorry and hope they'll find it in their hearts to forgive me.

The real sadness in all this is that a negative experience can get in the way of a relationship with God and people just stop coming to church. If that is your experience I am really sorry for the way the church may have failed you for we really desire to reflect the example of Jesus in loving, caring and forgiving.

Perhaps you've wanted to start attending again but it can be hard if you've not been for a while to find your way back in. If that's you then do contact John and Liz Reed who have written a piece (see *page 8*).

March 6th in the church calendar marks the beginning of Lent. Lent is the time when we remember Jesus' forty days in

the wilderness where he went without food and faced temptation. In Lent as a discipline some give something up, like chocolate or cake and biscuits but instead of giving up something why not take up coming to church.

Give us a try at Dedham or Ardleigh there are a variety of services to suit all

tastes and ages. We know we are not perfect but trust you will find a warm welcome as we together worship God.

Reverend Merv
McKinney



Time of Quiet Reflection for Ash Wednesday 6th March

10.00- 12.30 in Dedham Church

12.30 Holy Communion with the imposition of ashes for those who would like this

Ash Wednesday marks the beginning of Lent, a season in the church year that leads up to Easter and is a time for reflection on our lives and our relationship with God.

For more information please contact Rev Carol Mitson or Sue McKinney

St Mary's Church Electoral Roll: Notice is hereby given

That under the Church Representation Rules a new Church Electoral Roll is being prepared. All persons who wish to have their names entered on the new Roll, whether their names are entered on the present Roll or not, are requested to apply for enrolment not later than **31st March 2019**.

Under the Church Representation Rules any lay persons are entitled to have their names entered on the roll if they:

(i) are baptised and aged 16 or over;

(ii) have signed a form of application for enrolment; *available from the Parish Office tel: 322136 or stmaryda@gmail.com, at the church, or download from www.dedham-and-ardleigh-parishes under 'Resources'*

and either

(iii) are members of the Church of England or of any Church in communion with the Church of England being resident in the parish or (not being resident in the parish) having habitually attended public worship in the parish during the six months prior to the application for enrolment;

or:

(iv) are members in good standing of a Church (not in communion with the Church of England) which subscribes to the doctrine of the Holy Trinity declaring themselves also to be members of the Church of England and having habitually attended public worship in the parish during the period of six months prior to enrolment.

Terry Waite at Dedham Church 28th April - Travels with a Primate



Terry Waite, the former hostage who spent 1,763 days in captivity in the Lebanon, including four years in solitary confinement, is to talk in Dedham on **28 April at Revive@5**. He will talk about his travels with the Primate, Archbishop Robert Runcie, during the seven years before he was taken as a hostage in January 1987.

Mr Waite was appointed by Dr Runcie in 1980 to be the Archbishop's Assistant for Anglican Communion Affairs. During those years he became engaged in seeking the release of hostages across the world. He successfully negotiated the release of British hostages in Iran in 1981 and in Libya 1985. However, his later efforts to free US hostages in Beirut were unsuccessful. Hezbollah, the militant group which had become more powerful, became suspicious that he was in league with the Americans, and he was himself kidnapped.

He spent much of this time in dark

basements, blindfolded and chained to a radiator. He was frequently beaten on the soles of his feet. At one stage a new guard asked him to sing. He thought this was a chance to make contact with another hostage across the corridor. So, to give him a clue as to his identity, Mr Waite sang in a deep bass voice: *God save the Queen* followed by *Oh God Our Help in Ages Past*.

During his solitude, Mr Waite began to compose (in his head), a book about his captivity. This was completed after his release in 1991 during a period in which he was a fellow of Trinity Hall, Cambridge. *Taken on Trust* was published in September 1993 and became a best seller, enabling him to buy a cottage on the village green in Hartest near Bury St Edmunds.

He also spent some of his time in captivity recalling incidents from his travels with Archbishop Runcie and his chaplain. This resulted in the light-hearted book called *Travels with a Primate* which is now being re-published.

His main responsibility, along with the chaplain, was to arrange the Archbishop's programme of visits throughout the Anglican Communion, and the small team of three travelled the world together. They made the first ever visit of an Archbishop of Canterbury to China at the end of the Cultural Revolution.

They also travelled to Australia, New Zealand, Burma, Canada, the US, Caribbean and South Africa.

There were many incidents. In the US a surprise visit to a hog farm was inserted into the primate's programme. The farmer told the Archbishop: "I want you to take one of my best hogs to England. I want you to breed that hog and send lots of little hogs to Africa." Some time later a hog did actually arrive at Lambeth palace in London. However, as she proved to be infertile, no little pigs were sent to the Dark Continent.

At a dinner in New Zealand, the cook passed out blind drunk in the kitchen. So the guests also had to carry on drinking while fruitless efforts were made to revive the cook. In the end the local mayor had to cook the meal himself, defrosting the peas at 11 pm



while the soup was being served. There were many other mishaps and light hearted adventures during the period which Mr Waite will talk about during his visit to Dedham. **Travels with a Primate** is published by SPCK (£9.99) and will be available for purchase after his talk.

Max Wilkinson

MISSION SALE AT DUCHY BARN

There will be a Mission Sale at the Duchy Barn on **Saturday 16th March** between 10am and 12 noon. We will be selling cakes and preserves, gifts, bric a brac, clothes & books. Everyone is welcome. We will be serving tea and coffee. The money raised will be split between Beacon House in Colchester (a homeless charity) and our Missionary family in Africa. Please contact Ruth on 322598 or Lynne on 322931 for more information or if you would like to donate something or bake a cake.

MEET UP MONDAYS

@

THE SUN INN, DEDHAM



DO YOU FEEL LIKE THE WEEKEND HAS DRAGGED?
ARE YOU FED UP WITH YOUR OWN COMPANY?
MAYBE YOU ARE NEW TO THE AREA?
YOU ARE INVITED TO COME ALONG & ENJOY
A FREE CUPPA & SOME FRIENDLY CHAT.
WE'RE HERE FOR TEA, COFFEE AND CAKE AS PART OF
#MEETUPMONDAYS #DONTBEONYOUROWN

10.30AM - 12PM EVERY MONDAY

Want to come back to church?

We are John and Liz and we first met Antony in 2017, and introduced ourselves as two rather “rusty Christians” wanting to rebuild our connection to the Church, but rather unsure about how to go about it.

Since then, we have had much help and support to re-engage, and by returning regularly to Church both for the services and its many and varied activities, we have once again been able to renew our faith.

Recently we took part in an excellent course at a Church Group, that looked at our personal SHAPE. This helped us to think about the best ways that we can get involved by serving in our community.

This experience led us to think that there must be other people around us, who might feel the same way as we did, and who would like to join or re-join the Church, but might find it difficult to know where to start.

It can be daunting to join a new group of people in any situation, and the fear that everyone else “knows the ropes” can be very off-putting.

So if you are one of those people in the situation we found ourselves in, and who feel that they would like to have a friendly confidential chat, then we would

be very pleased to offer help and support to you in taking those first steps.

Whether you are new to discovering faith, or may have lost a sense of direction in life you are very welcome to contact us either through Antony, or directly on the phone numbers shown as “First Steps” in the Parish Magazine.



John and Liz Reed
tel: 323770

Constable Country Medical Practice

Flu Vaccinations: As of 27th January, approximately 77% of our patients aged over the age of 65 have been vaccinated against flu. This is the highest rate we have achieved for a number of years and we are ranked 9th out of 40 practices in Suffolk.

Although this is a good achievement, we want to do even better next flu season. This season we had four flu clinics, two at each site, after which patients could make appointments. This worked well, but please let us know if you have any ideas on how we can improve the system to make it as easier for our patients to receive a vaccination, bearing in mind we have in the region of 4,200 eligible patients. We'll discuss these ideas with the PPG prior to planning next year's flu clinics.

Staff Changes: We have had a few staff changes recently. Dr McDonald and Dr Ola will sadly be leaving the practice in February, though are likely to continue to work for us occasionally when we need locum GPs.

However, Dr Vincent Omorogbe joined the practice as a full-time GP Partner on 1st January. Dr Vincent has worked at the practice in a locum capacity over the last 2 years. Dr Parikh has also become a GP Partner and now works full time at the practice. So with Dr Tetteh and Dr Victoria we now have four full-time GP Partners. We also have Dr Nasta and our two Nurse Practitioners June and Sarah.

Moni, our pharmacist has left us in

December but Vicky, a pharmacy technician, joined the practice in January and will undertake a similar role, answering many medication queries patients may have.

Although there is a national shortage of GPs, we are fortunate to have five permanent doctors supported by an excellent clinical team. Our aim is to minimise the need for locum doctors so we can improve continuity of care, which is one of the main points we have identified from patient feedback.

National GP Patient Survey Questionnaires:

Just a reminder to please complete and return your GP Patient Survey if you receive one. Feedback is really important to us. We have been working hard over the last couple of years to improve the service we offer and patient feedback is vital in understanding progress we have made and which areas we need to focus on.

Training Days: Just a reminder that the practice will be closed from 1pm on the following dates for staff training:

* Thursday 14th March, Thursday 4th April, Wednesday 22nd May

On these afternoons the Capel St Mary building will be open to enable access to the pharmacy but the Practice reception will be closed. East Bergholt reception will be open. Please note that there will be no clinicians at either building after 1pm as they will be attending training off-site. If you phone the practice the recorded message will ask you to ring 111 for medical assistance if your problem cannot wait until the next day.

Pete Keeble
Practice Manager

IS IT TIME FOR THE CHOP?

At last winter is over – the remaining overwintering perennial foliage has been cleared and composted, hardy fuchsias and dogwoods cut hard back and the garden instantly improved by cutting the lawn – what a difference that makes. Colourful phormiums and grasses are looking particularly good and spring bulbs are making their *début*: however, it's time to think about some serious maintenance while we can do something about it before emerging foliage gets in the way to provide an excuse to “leave it for next year”. Is there a shrub crowding out its neighbours, smothering plants underneath or just not looking its best? A few dead tree branches here and there? Now let's not get carried away here with big ideas – you can't do everything at once (so I'm often told) - so focus on what's really necessary. We now know that gardening is great 'therapy' so forget *Brexit* - it's out with clean secateurs, loppers or pruning saw as it's a good time to check out deciduous trees and evergreens that need attention.

If you are tackling a tree, start by removing any dead/diseased wood or overcrowded branches (particularly the one that's always in the way!). Then take out any crossing branches to let in more light, encourage new vigour and the tree's general appearance. It may seem rather drastic at times but trees will benefit from this. Needless to say, if a tree needs removal or major surgery, get in the professionals.

Check out variegated shrubs like *Eleagnus* 'Limelight', or *Euonymus* 'Emerald Gaiety' for any plain green foliage; these vigorous shoots or branches *must* come out

otherwise they will take over! Large variegated maples like *Acer drummondii* are also very prone to this type of reversion.

We hear a lot nowadays about 'raising the canopy' and I've tried this successfully on some very low-growing evergreen shrubs. Removing the bottom branches will reveal the trunk, which can then be tidied up so that you can see right underneath. If your 'experiment' is multi-stemmed, try and keep these to an odd number: remember the “everything in 3s rule”. As with any lopping, pruning or just tidying up, always do a little, STOP, stand back (*have a cup of coffee perhaps?*) and check your handiwork – you can always do more, but you can't put it back (as I have discovered!). Some light trimming overall may also be needed to improve the shape, but without too much effort you may find that your problem shrub has a new lease of life and been transformed into a more interesting 'small tree'. Give it a go!

Like evergreen shrubs, many conifers create their own permanent 'rain shadow', so 'raising the canopy' will enable rain and fertilizer to permeate the dry ground. But remember, conifers don't always take kindly to heavy pruning and not all



Thuja, *Phormium* 'Jester' and *Festuca glauca* 'Blue Glow' in a shady border

regenerate (particularly the dreaded *leylandii*) so check before you get carried away with the pruning saw (some websites are really helpful). If you want to cover newly-revealed bare earth, the low-growing evergreen *Geranium macrorrhizum* is ideal for a dry shady area and won't compete for water.

But don't be too hasty to discard all your prunings - currently I have a vase of the black-stemmed *Cornus Kesselringii*, evergreen *Euonymus*, purple and variegated *Pittosporum*, as well as *Eucalyptus*. Just put together whatever you have - adding a few daffs will brighten things up even more: there it is, your instant 'Spring has Sprung' arrangement.

Diary Date:

Wednesday 6 March, Susie Davis from Katie's Garden at Woodbridge will speak to DHS on *A Year Around the Nursery*.

Assembly Rooms, 7.30 pm

Visitors are very welcome

Elizabeth Ellis

Join Dedham Horticultural Society
www.dedhamgardening.wordpress.com

Dedham Parish Council

Community Policing: At its next meeting in March, DPC will be discussing the relative merits of two different community policing initiatives, both of which are seeking financial support from the Parish Council. Residents are invited to attend to listen to the discussion and to make their views known.

On a similar subject, there will be a 'Coffee with Cops' session on 22 March between 10am and 12 noon at the Craft Centre. You are invited to meet members of the community policing team and voice

any concerns that you may have.

Dedham Mill Bridge: We have been notified of the imminent temporary closure of the bridge for repair works. The closure is expected to last for 21 days and the work should be completed by Easter. The exact date of the closure has not been notified at the time of writing. As soon as any further information is available it will be posted on the Parish Council website.

Parking: DPC has had a productive meeting with Stratford St Mary Parish Council and other partners about the parking problems on the Suffolk side of the B1029 and further meetings are planned to discuss initiatives.

Neighbourhood Watch: Residents may have seen recent press coverage about the importance of the Neighbourhood Watch movement. The scheme was originally set up in the USA in 1964, with the first UK scheme beginning in 1982. We have an active group in Dedham and anyone interested in finding out more is invited to contact Cllr Ann Follows on 01206 323038 or e-mail

ann.follows@dedhamparishcouncil.co.uk
 Alternatively, please complete the form available on the Parish Council website.

Parish Office: The Parish Office and Tourist Information Point celebrated its first birthday on February 14th. DPC is pleased to have a High Street presence for residents to make contact with us.

Ever wondered what the Parish Council does? Next meeting will be held on Monday 4 March at 7.30 in the Duchy Barn. All are welcome. **Nicola Baker**

www.dedhamparishcouncil.co.uk
 Clerk *Emma Cansdale* ☎ 01255 871483
 ✉ clerk@dedhamparishcouncil.co.uk

Assembly Rooms



Alpha Course

Saturday 2 March

Antiques Fair

Sunday 3 March - All Day

Starlight Dancing

Mondays 9.30-12 am

Dedham Players Rehearsal

Monday & Thursday 7pm– 10pm

Art Classes

Tuesday 9.30am – 3pm

WEA Meetings

Wednesdays 9.30am

Horticultural Society Meeting

Wednesday 6 March 7.30 pm

Dedham Art Society

Thursday 7 & 21 March – 2-4pm

Dolls House Fair

Saturday 16 March 10am – 4pm

Dedham Films

Wednesday 20 March - 7pm

Dedham Players Production

Wednesday 27 - Saturday 30 March

Bishop & Miller Auctioneers

Valuation Day

Thursday 28 March 10am – 1pm

Duchy Barn



Coffee Mornings

Tuesdays and Thursdays
10.30 -12.30pm

Bridge in Dedham

Wednesdays, 2pm-5pm
Thursdays, 7pm–10pm

Youth Club

Fridays, 7.30–9.15pm

The Barn can be hired for small private events, parties etc Details of hire can be obtained from Anne Rowledge ☎322394

DEDHAM FOOTPATH GROUP

Enjoy walking, meeting new people? Then why not come along to walks organised by the Dedham Footpath Group.

We walk 4-5 miles on the first Sunday morning of each month. On Sunday 3rd March meet at Manningtree car park at 10.30am for a 4-5 miles walk through fields returning via the river.

The group welcomes all walkers and those with well behaved dogs, kept on leads at all times, are welcome to join us. For more information email DedhamFG@gmail.com

For information and to make a booking for the **Assembly Rooms** please contact:

Tracy Woods ☎323921

✉ dedhamassemblyrooms@gmail.com

Assembly Rooms, Dedham
 Films Admission 7pm, , begin 7.30pm
Tickets £4
 from Shakespeare House Gallery
 OR www.dedhamfilms.co.uk
Refreshments available



The King Of Thieves Directed by James Marsh (R)

Wednesday, March 20, 2019

7:30 PM 10:00 PM

A true crime film about a crew of retired crooks who pull off a major heist in London's jewellery district. What starts off as their last criminal hurrah quickly turns into a brutal nightmare due to greed. Based on infamous true events.

Dedham Quiz 2019

On Saturday 19th January the 18th annual Dedham Quiz was held at the Assembly Rooms. 21 teams fought a close battle with the Tennis club team winning the Dedham Quiz Cup for the third year in succession. Dedham's own quiz master David Druitt set some challenging questions and was supported by his scores, Beth Mitchell, Val Blaker and Carol Buckland.

The evening raised an amazing £1,830. This year's charity was the Colchester and Tendring Youth Enquiry Service (**y.e.s.**). They send huge thank you to the businesses who supported the raffle and the attendees on the evening who were so generous supporting the bar and the raffle.

y.e.s is a charity supporting young people from 6 – 25 years old. They provide a free, non-judgmental service offering information, advice and support around any issues including counselling, homelessness prevention, teenage pregnancy and young parent support. y.e.s. was established as a local grassroots charity in 1988 and reaches approximately 2,000 children, young people and their families every year. For more information visit their website www.yesyouthenquiryservice.org

David and his team are happy to set the quiz again for 2020 but will need a willing team to take on the challenge of organising the evening. There are detailed notes to help with this task. If you would like to organize the 2020 event please contact

David Druitt on 01206 322000

Thank you once again for your support, **Tracy Woods**

THEATRE

Tuesday 5 to 9 Mar

Noughts & Crosses, A Made in Colchester production, Mercury Theatre, Colchester, 7.30pm.

Thursday 7 Mar

Medea Electronica, a re-telling of the Greek tragedy, Lakeside Theatre, Colchester, 7.30pm.



Orlando 14 March

Thursday 14 Mar

Orlando, Dyad Productions – performer Rebecca Vaughan and writer and director Elton Townend Jones, based on the novel by Virginia Woolf, Lakeside Theatre, Colchester, 7.30pm.

Wednesday 20 Mar to 1 Jun

The Tide Jetty Various times, Eastern Angles Theatre Company, at various locations in the region.

Wednesday 27 to 30 Mar

Emma Michael Bloom's adaptation of Jane Austen's novel, Dedham Players, 7.45pm at Dedham Assembly Rooms.

Monday 1 to 6 Apr

The Picture of Dorian Gray - adaptation of Oscar Wilde's novel, New Wolsey Theatre, Ipswich.

Wednesday 3 to 6 Apr

Playhouse Creatures by April De Angelis, Headgate Theatre, Colchester, 7.30pm.

Wednesday 10 to 13 Apr

Arthur Miller: All My Sons, Colchester Theatre Group, 7.45pm at Headgate Theatre, Colchester.

Friday 12 to 13 Apr

Heart of Darkness - adaptation of Joseph Conrad's novel, New Wolsey Theatre, Ipswich, 7.45pm.

Sunday 14 Apr

The Odyssey, Pantaloons Theatre, 7pm at Sir John Mills Theatre, Ipswich.

MUSIC

Saturday 2 Mar

Beethoven: 9th Lexden Choral Society with Kingfisher Sinfonia, at St Botolph's, Colchester.

Sunday 10 Mar

George Ireland and Friends In Concert all day, Pimlott Foundation at Old House, Great Horkesley.

Sunday 10 Mar

Rautio Piano Trio & Robin Ashwell, viola - Mozart, Mahler, Brahms, Stour Valley Arts and Music, 4pm at East Bergholt Church.

Tuesday 12 Mar

Gillian Ward-Russell (organ). A meteorological journey: Lemens, Chopin, 1pm at Moot Hall Colchester.

Saturday 16 Mar

Elgar: Dream of Gerontius, Colchester Choral Society, 7.30pm at St Botolph's.

Sunday 17 Mar

Jenny Haxell, soprano, Peter Willsher, piano, 3pm at St Andrew's Church, Rushmere. Ipswich.

Wednesday 20 Mar

Cavendish Ensemble, Lion Walk Church, 1pm, Colchester.

Saturday 23 Mar

Come Mr. Tally Man, Quire, 7.30pm at West Bergholt Church.

Sunday 24 Mar

Zelkova Quartet - Mozart, Mendelssohn, Dvorak, Stour Valley Arts and Music, 4pm at East Bergholt Church.

Wednesday 27 Mar

Trio Passione, (violin, cello and piano) play Schubert, Lion Walk Church, 1pm, Colchester.

Saturday 30 Mar

Light Classical Music, Community Light Orchestra, 7.30pm at St John's Church, Ipswich.

Bach: Mass in B minor, Ipswich

Chamber Choir, 7pm at St Mary-le-Tower, Ipswich

Dvorak: Stabat Mater, Stour Choral Society, 2.30pm at Mistley Church.



Antonin Dvorak: Stabat Mater, 30 March

Wednesday 3 Apr

African and Gospel Music, Quire, 7.30pm at Boxted Church.

Saturday 6 Apr

Schumann, Handel, Beethoven, St Botolph's Music Society, Colchester.

Opera favourites, Witham Choral Society at Witham Public Hall.

Sunday 7 Apr

Bach's Legacy, Suffolk Villages Festival, 6pm at Boxford Church.

Saturday 13 Apr

Gounod: St Cecilia Mass, Clacton Choral Society, 7.30pm at St James's Church.



Die Walküre live from the Met, 30 March

Mozart and Mahler, Colchester
Symphony Orchestra, 7.30pm at St
Botolph's.

OPERA/MUSICALS

Saturday 2 Mar

Donizetti: La Fille du Régiment,
Metropolitan Opera New York - LL,
5.55pm at Firstsite, Colchester.

Wednesday 6 to 9 Mar

Big Fish, book by John August, music &
lyrics by Andrew Lippa, Headgate
Theatre, Colchester, 7.15pm.

Friday 15 to 30 Mar

Ain't Misbehavin', a Made in
Colchester production, Mercury
Theatre, Colchester, 7.30pm.

Wednesday 20 to 23 Mar

The Pajama Game, Headgate Theatre,
Colchester, 7.45pm.

Tuesday 26 to 30 Mar

Rockstar Ollly Medicott - an original
musical telling the story of a band's rise
from obscurity; OD Productions,
Headgate Theatre, Colchester, 7.45pm.

Saturday 30 Mar

Wagner: Die Walküre, Metropolitan
Opera New York - LL, 5pm at Firstsite,
Colchester.

Tuesday 2 Apr

Verdi: La Forza del Destino, Royal
Opera House - LL, 6.15pm at Odeon
Colchester and on 7 April at 2pm at
Firstsite, Colchester.

BALLET/DANCE

Thursday 28 Feb to 2 Mar

Russian State Ballet of Siberia at
the Regent Theatre Ipswich all at
7.30pm : **Cinderella, The
Nutcracker, Swan Lake.**

Saturday 6 Apr

Giovanni Pernice – Dance is Life,
Mercury Theatre, Colchester, 7.30pm.

English Touring Opera

Verdi: **Macbeth**, Mozart **Idomeneo**,
Rossini: **Elizabeth I**, at Cambridge
Arts Theatre Apr 2 to 6 and Snape
Maltings Apr 11 to 13 at, all at 7.30 pm

ARTS

Tuesday 9 Apr

Rembrandt, exhibition on screen from
the National Gallery, London and
Rijksmuseum, Amsterdam, Firstsite,
Colchester 7.30pm.

Max Wilkinson
LL = live satellite link

More events and details on my website
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Scouts Ardleigh Scout Group

Are pleased to announce that we will be starting an Explorer Scout Unit. If you are aged between 14 & 18 years old (girl or boy!) we would love you to join us on a Wednesday evening at Ardleigh Village Hall from 7.15pm to 9pm. If you would like to join our new and exciting unit then please contact us on ardleighscoutgroup@outlook.com or via our Facebook page.

Across all sections we have started to complete the Essex Scouts Centenary Challenge: we have to complete 100 challenges from a set list throughout the year. So far we have invented games, designed new modes of transport and had a newspaper fashion show with clothes they made from newspaper. We currently have a full Beaver colony aged between 6 & 8. They have learnt to tie shoelaces and have been inventing games to play. They have also been looking at safety, including learning their address and phone number, which isn't as easy now as we all have mobile phones and the numbers are longer! We were delighted to welcome Paul from Franklins Training Services to talk to the Beavers about fire safety and how to call 999.

The Cubs (aged 8-11) have also focused on personal safety as well as some fantastic experiments for their scientist badge. They started their litter campaign at the beginning of half term and this will continue into spring. The Scouts (11-14

years) have practiced making sandwiches whilst blindfolded as part of disability awareness. They have been learning and practicing knots and as well as their amazing fashion show completed a night hike.

We have more exciting things planned for the next half term ranging from collectors badge, communicators badge, some cooking and we will start to get outside more with some hiking as the nights draw out.

We have spaces in our cub pack and scout troop as well as the new explorer unit. Likewise, if you would like to volunteer to help your local Scout group, then we have opportunities both working with children or in a supporting role on our committee, so please contact us for more details.

Key, Group Scout Leader



Stour Valley Men's Probus Club

Recent Meetings: We held our New Year Lunch at the popular Haywain, Little Bromley, on 6th February when our spouses and Probus Widows joined us for what was an enjoyable event and a tasty meal. On 20 February Brian Wilcox introduced us to "New Ways Of Working". Which whilst all members present were retired still found this most interesting.

Future Meetings: Brian Wills will present what will be a lecture of particular local interest on *Wednesday 6*

March when he speaks about "Constable and his Paintings"

Our Annual General Meeting will take place on Wednesday 20 March. On 3 April Chris Parfitt will introduce us to the "Bhutan, Land of The Thunder Dragon" and David Ablewhite will return again and this time present "The Horrible Hanoverians".

Meeting Venue: We meet at the convenient St John Ambulance HQ, Manningtree CO11 1EB.

New members are welcomed. Our Club endeavours to be simple in structure, be free of the constraints and obligations of service clubs, and involve members to a minimal cost. New Members are always very welcome to join us at a future meeting of the Stour Valley Men's Probus Club just join us at 10am on a meeting date. The club is directed primarily to providing fellowship between members who are compatible with each other, and provide the opportunity for development of acquaintances.

We meet on the first and third Wednesday of each month in Manningtree at 10 for 10.30 am. *Please contact Speaker Secretary Dave Carman 01255 880202 for further details.*



Past Meetings: "An Afternoon with Joyce Grenfell" by Gillian Grinham was the subject of our 13th February

meeting. Gillian is an Author, former teacher and a Director of plays & musicals. She performed a series of monologues and songs from Joyce's repertoire, interspersed with details of her much loved entertainer's life.

Future Meetings & Diary Dates:

Toni Neobard & Kate Broad, family historians and authors will present "For Better or Far Worse" on 13 March. This will be a light-hearted look at marriage and relationships through the eyes of Victorians. What happened if they didn't marry and what if you did but were not happy with your choice? It will be a glimpse at bizarre goings-on showing wedded bliss wasn't always so !

On 10 April the popular speaker Mark Mitchels will talk to us on "The Genius of Charles Dickens". Dickens rose to become a great novelist by sheer talent and determination. He worked a self-imposed schedule that never relaxed and in the end he probably brought about his early death. But the novels survive, to be rediscovered by each generation. What sort of man was he? His genius is astonishing and this talk uses biography and extracts from his books to re-create the man and his achievements.

Our speaker on 8 May is Dr Helen Greake, National Finds Adviser, Portable Antiquities Scheme. She will talk about local finds recorded by PAS, archaeology found by the public. She will explain what to do if you find an historic

artefact whilst gardening, beachcombing or walking the dog. This talk look at how archaeologists reconstruct items and will include details of local finds.

NEW - On Wednesday 20 March our first Member's Quiz Night is planned to take place at 7pm in The Constable Hall. Bring your own drinks and nibbles and partake in a team of six for just £2 per each. Help will be given to form a team on the night. Please register before 12 March by contacting June Escott on 01206 231707 or

email jescott@btinternet.com

Each month, the Coffee Grinders meet at The Lambe School, Gaston Street, East Bergholt, CO7 6SD from 10-12 noon. This meeting especially welcomes new members but gives all members the opportunity of meeting the activity Group Leaders and the Committee whilst enjoying a cup of coffee. The next meeting is on Friday 22 Marc.

Membership: Our main purpose is to encourage lifelong learning for those who are no longer in full time employment and emphasis is always placed on making learning active and fun as well as helping in developing friendships. We have a wide range of groups including language study, country walking, computer studies and gardens, churches and historic buildings visits.

In the main, membership is drawn from communities in the lower Stour Valley and adjacent areas including Brantham, Capel St Mary, Dedham, East Bergholt, Holbrook, Lawford, Manningtree, Raydon, & Stratford St Mary. We are affili-

ated to the ThirdAge Trust, have over 370 members and 35 active groups. For further information please visit www.stourvalleyu3a.org.uk where our membership secretary Val Pretty may be contacted.

Meeting Venue: We meet at The Constable Hall, Gandish Road, East Bergholt CO7 6TP at 2 for 2.15pm. Annual membership costs £12 a year and this entitles members to attend the meetings that take place on the second Wednesday of each month, except December. Whilst Visitors are welcome to join us on a limited number of occasions, paying a donation each time, Members are given priority, for safety reasons, due the halls limited capacity.

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Time for a walk...



Ladies, I'm fairly new to the village and wondered if anyone would like to join me on a weekly village run?

Ok...I'll be honest, it will be combined with a brisk walk as Paula Radcliffe I am not!

Thinking of meeting outside the Coop -at 10am on a Monday or Tuesday and starting our route from there.

It's an ideal chance to have a natter, get some fresh air, away from the TV and importantly, get the heart rate up and work on those bikini bodies, that part maybe pushing it...as I am a young 60 year old, I'm more of a swimsuit wearer nowadays.

I suggest the first meet is Monday 18th March at 10am.

No pressure to meet every week.
Telephone or text if you would like to come along.

My mobile number is: 07984 713790.

Don't hesitate to contact me, we can discuss the best day/time which suits.

Stella

School Governors wanted for Dedham Church of England Primary School



The opportunity to join the Board of Governors in 2015 afforded me a wonderful opportunity to connect with, and support, the leadership of Dedham's Ofsted and SIAMS (Statutory Inspection of Anglican and Methodist Schools) outstanding rated primary school, which sits at the heart of the village community.

My role as a school governor was extended to include the responsibility for monitoring the school's safeguarding and SEND (Special Educational Needs and Disability) provisions.

Responsibilities:

It's not new news that local authority funded schools, such as Dedham, are subject to financial, curriculum and monitoring changes driven by the government.

By being part of the school's governing body and drawing on your own skills, experience and knowledge, this is an ideal opportunity to work with the school's leadership team to: shape change; support the school in their

development plan; monitor standards and pupil performance; maintain links between the staff, pupils and the wider community; and all this whilst measuring and guiding the schools financial performance.

Commitment:

- 2 Governing Body meetings (plus pre-meeting reading) and 1 training session per term.
- Informal visits, such as supporting parents evenings and school events.
- Formal monitoring visits, which are focused on either curriculum subjects or specialist areas (ie: finance, human resources, pupil premium, health and safety).
- Further training and development opportunities will be available to support you in your role and your continuing professional development.

Application:

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If you are interested in joining our forward-thinking, positive and focused governing body, please contact the Chair of the Governing Body by emailing amarshall@dedham.essex.ac.uk or via the school by calling 01206 322242

We look forward to hearing from you.

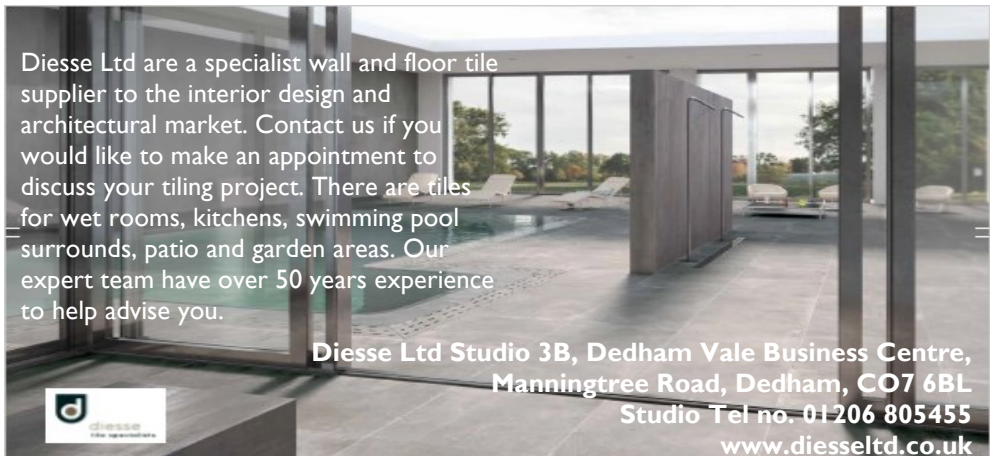
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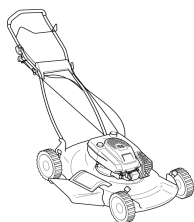
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