

A watercolor illustration of a village courtyard. In the background, a large Gothic church with a tall spire rises above the rooftops. The courtyard is paved with cobblestones and features several buildings with tiled roofs and brick chimneys. In the foreground, two young girls in period clothing are feeding a group of chickens. To the left, a man and a woman stand near a stone archway. The scene is framed by a thin gold border.

Dedham

PARISH MAGAZINE

September 2018

The Old Sun Inn Yard,
Dedham



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DEDHAM PARISH MAGAZINE

FIRST PUBLISHED IN 1876

SEPTEMBER 2018

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dedham-and-ardleigh-parishes.org.uk

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Antony Watson	Director Music	☎322 425
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Can we help?

Sometimes things in life can just get too much to cope with on your own...

Psalm 34:18: *The Lord is close to the broken-hearted and saves those who are crushed in spirit.*

If you would like some support or know of anyone who would, please contact:

Ann Shaw ☎322 192

or Christine Mingay ☎230 723

If you have been bereaved or know of anyone who has, please contact

Vee Druit ☎322 000

or Ruth Higginson ☎322 598

DEDHAM PARISH MAGAZINE

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Who likes change?

As I write this the sun is shining and I am watching people of all ages swimming, paddle boarding and messing around in boats but I am not in Majorca or Torquay but looking out on Dedham Mill Pond! What extraordinary weather we have enjoyed if you like it hot or endured if it's all been too much. Those selling ice cream and cold drinks will certainly have had a good summer but for farmers and gardeners it has been challenging.

If you have been able to get away on holiday or had a 'staycation' I hope you have found refreshment from your normal routine maybe taking the opportunity to visit a new place or attempt a new activity. The holiday season can be a chance to slow down and be less busy. Being busy is both a blessing and a curse. A blessing for when we are busy we can feel fulfilled making the most of the God given time we have. But a curse when we are so busy we don't make time to take stock or keep the promise to ourselves and others to have a better work life balance. I am reminded that even Jesus with all the demands he faced drew aside to pray and discern his priorities. We all need to learn to slow down, reflect and refocus and I trust in some way the summer has provided that for you.

The arrival of September means change for many; some children will be starting

school for the first time, others will be moving up a year yet others will be moving on to secondary school, university or college. For some it will be a new job or change of role or circumstances.

I wonder what changes you face and how you are feeling about them?

Some people relish change but most of us find change unsettling, even frightening and often challenging. If so what can we do? Well talking to someone may help but we can also turn to God in prayer which we can do anywhere and at any time but our churches in Dedham and Ardleigh which are open during daylight hours provide a quiet space to offer God our concerns and worries. If you wish you can leave a prayer request and you will be prayed for and remembered, along with that you could light a candle. It was St Peter who wrote 'Cast all your anxiety on him (Jesus) for he cares for you'. In the midst of change we need some security and we can find that in Jesus who the Bible tells us 'is the same yesterday and today and for ever'.

Assistant Minister
The Reverend Merv McKinney



Services for SEPTEMBER

Sunday 2 September

8am	Holy Communion <i>BCP</i>	Dedham
9.30am	Rise n' Shine	Dedham
11am	Morning Prayer	Ardleigh
5pm	Evensong <i>BCP</i>	Dedham

Sunday 9 September

8am	Holy Communion <i>BCP</i>	Ardleigh
9.30am	Holy Communion <i>CW</i>	Dedham

Sunday 16 September

8am	Holy Communion <i>BCP</i>	Dedham
9.30am	Matins <i>BCP</i>	Dedham
11am	Parish Eucharist	Ardleigh
3pm	Sunday@3	Ardleigh

Sunday 23 September

8am	Holy Communion <i>BCP</i>	Ardleigh
9.30am	Morning Praise with Sue	Dedham
5pm	Revive at 5 with Bishop Roger	Dedham

Sunday 30 September

11am	Joint Service	Ardleigh
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Sunday 7 October

8am	Holy Communion <i>BCP</i>	Dedham
9.30am	Rise n' Shine	Dedham
11am	Morning Prayer	Ardleigh
5pm	Songs of Praise	Ardleigh

*BCP – Book of Common Prayer
CW – Common Worship*

**CHURCH TOWER
FLAG DAYS**

None in September

FROM THE REGISTER

Weddings

28th July 2018

David Douglas Stephen Brocklesby and Nicole Louise Cooper

4th August 2018

Craig Patrick Slocombe and Laura Ann Bird

11th August 2018

William David Rees and Elspeth Patricia Wild

18th August 2018

Kurt Adrian James Lamont and Hayley Rachel March

Baptisms

22nd July 2018

Georgia Louise Slowgrove

22nd July 2018

Henry Arthur Irving

**Weekly Midweek
Services :**

Tuesday Morning Prayer

Dedham at 10.30am

Thursday Evening Prayer

Ardleigh at 5pm

EVENTS


Men's Breakfast: Saturday 8 September, 9am, *The Vicarage, Dedham*

Friendship Group: Tuesday 25 September, 10am, *Ardleigh church*

Mission Bake Sale: Saturday 29 September, 10am, *o/s Dedham Church*

Ardleigh Flower Festival: Friday 5 October to Monday 8 October, *Ardleigh Church*

If you would like a lift to church contact Ann Shaw ☎322 192 or Ruth Higginson ☎322 598



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What does an incredible family look like?

The must-see film of the summer had to be *Incredibles 2*. As a treat for my daughter's 6th birthday (and to me after a week-long Summer Holiday Club dressed as Elastigirl) we intend to go and see it as a family before school starts back. Most children won't remember the first film *The Incredibles*, launched 14 years ago, but the parents probably will.

In the seven months since I took up post as Children and Families Worker for Dedham, I have enjoyed getting to know lots of families through church, at school and attending various community groups and events. I have spent a lot of time observing, listening, and chatting about what is important to you and I have drawn one simple conclusion. Dedham is full of incredible families, every bit as special as the one in the film. Introducing my own children to the first film, and reflecting on all the things I have learned talking to people in this parish, has helped me to learn some useful life lessons.

Take risks and find your passion

Mr Incredible went from saving the world to working as an insurance salesman, a role which was making him miserable. It would have been easy to stay in a stable, albeit boring job. Once he takes steps to start doing the things he loves he (re-discovers his passion. Mr Incredible had the courage to quit and in doing so found value in himself and his family. This lesson is exemplified by none other than former Dedham Primary Head Teacher Mr Aylott who has gone on to pursue his own passions.

Never underestimate anyone

Just because someone's "superpower" is not

immediately obvious, it does not mean they are not capable of greatness. Jack-Jack seemed like just a helpless baby until he demonstrated his greatness. In our How to be a Superhero Holiday Club, 30 children from across our villages impressed us with their energy and talents to come together and work as a team. In doing so they drew inspiration from bible superheroes who, whilst ordinary in an everyday sense, went on to achieve extraordinary things. Dedham, with its strong sense of community spirit, certainly has its fair share of heroes. You just don't see them walking down the High Street in a costume.

You can always count on family

When Mr Incredible couldn't save himself, his family were able to step in and save him. All members of the Incredible family are superheroes, with a power that makes them unique. However, there is an additional motivation that drives them and when they come together as a family it makes them even stronger. Interestingly, as I talk to children about the things they enjoy most, they don't talk about themselves. Instead they speak with enthusiasm about how they love spending time together as a family.



Who wants to be a Sunbeam?

Quotes from children's books can be inspiring – they make us smile, make us cry and give reassurance in difficult times. One of my favourite passages comes from Roald Dahl's book, *The Twits*.

"A person who has good thoughts cannot ever be ugly. You can have a wonky nose and a crooked mouth and a double chin and stick-out teeth, but if you have good thoughts it will shine out of your face like sunbeams and you will always look lovely."

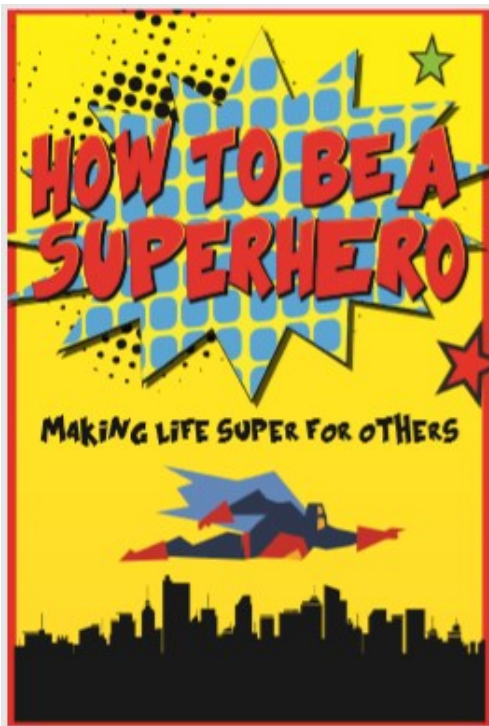
Lyrics from songs are equally influential. My childhood memories of Sunday School evoke memories of the hymn *Jesus wants me for a Sunbeam*. As a teenager, I went through something of a rebellious phase, one that drew me away from church for a time. Then, it was the lyrics of Nirvana that influenced me: *Jesus don't want me for a sunbeam, Sunbeams are never made like me*.

Fortunately, that was just a temporary phase in my life. When it came to thinking up an alternative to what parents will remember as Sunday School in our parish, there really was only one name that inspired me and seemed a perfect fit ... **Sunbeams**.

So, from September, a new Sunday morning club called Sunbeams will launch at The Assembly Rooms. Lasting one hour, Sunbeams will take place in The Reading Room on the 2nd and 3rd Sundays of the month. Come along at 9.15am for a 9.30am start.

This coming term there will be four sessions: 9th and 16th September and the 14th and 21st October and our focus will be on some follow up lessons from our *How to be Superhero* Holiday Club. We will be exploring team-

work, helping others, and introducing the concept of service in a fun and creative way.



Aimed mainly at primary school children, any children aged 3+ and their parents are welcome to attend. The content is very family friendly and will appeal to grown-ups as well as children.

Parents who would prefer to attend the church service can leave their children in the care of the leaders ... *who like to think good thoughts and always look lovely!*

Sally Buchanan
Children and Families Worker
sal.buchanan@me.com

SEPTEMBER UPDATE

Mobile phone signal

Volunteer needed...Mobile operators publish coverage maps, OFCOM also provides maps based on data from the mobile operators. But these suggest that in the village centre we do have good outdoor coverage for all operators and, operator dependant, good indoor coverage.

In practice most people do not find this to be the case. Given that we supposedly have good coverage and that mobile operators are reluctant to invest in the costly process of building masts, can anything be done to improve the situation?

How about the Church Tower? In discussions with Antony, he explains the diocese is finding engagement with the mobile operators very difficult due to lack of funding.

We need to gather data on what the actual mobile reception is like and then try to get the operators to take note of their possible lost revenue.

We would like a village centre resident to volunteer to lead on gathering this data. This will need every village centre resident and business to return a form that records their operator and the service that they get.

With actual information, the Parish Council will then be in a position to challenge the mobile operators and see if they can improve their service. So if you are a village centre resident, unhappy with your mobile service, think that something should be done about it, then please volunteer to help try to improve the situation. **Kevin Taylor**

Planning applications

At each Parish Council meeting Councillors discuss planning applications for Dedham which have been submitted to Colchester Borough Council. Although DPC does not have an official role in the decision making process, the Council is a statutory consultee and we hope that CBC takes some note of our comments.

We can only base our views on the information presented to us, so if you are a householder who has submitted a planning application and would like to present additional information to the Parish Council you are most welcome to attend the appropriate meeting. The Clerk can let you know when your application is likely to be discussed.

Nicola Baker

**The next meeting
of the Parish Council is on
Monday 3 September 2018
at 7.30, venue to be confirmed**

www.dedhamparishcouncil.co.uk

Clerk Emma Cansdale ☎01255 871483 ✉clerk@dedhamparishcouncil.co.uk

September 2018

After a summer of glorious weather (for a change!) the doors of Dedham Church of England Primary School will shortly open once again to welcome some new faces and lots of familiar ones too.

We are delighted to welcome Mr David Larner as our new Headteacher and two new teachers, two new teaching assistants and a class of 28 reception children join us too, all ready to begin their own DPS journeys!

Staff have been busy over the summer holiday preparing classrooms and making sure that the school is ready for learning right from the outset and the school diary is already bursting at the seams with events.

The key stage two curriculum has a strong history focus this term with the Anglo-Saxons in year 6, Ancient Greece in year 5, the Mayan civilisation in year 4 and the Stone Age in year 3. In key stage one and reception, children are learning about significant people in history, explorers and people who help us.

Very early on this term, children in all classes will work together to create a display to decorate a window in church for harvest. As in previous years, our harvest collection of tinned and dried food will be sent to Beacon House in Colchester to support local homeless people.

Hopefully everyone has been out train-

ing over the summer for the Dedham 3K and 10K races which take place on Sunday 16th September. It's a wonderful day out for the family, raising funds for the school as well as other Dedham youth groups, so please do come and join us if you are able. Running is not mandatory....!

*Miss Laura Valentine
Deputy Headteacher,
Dedham C of E Primary School*



DEDHAM WEA AUTUMN LECTURES

The Dedham Branch of the WEA will be having a series of 10 lectures entitled "Vienna - Centre of Musical Excellence" given by Peter Goodwin. The lectures will be held at the Assembly Rooms in Dedham starting on Wednesday 3rd October from 10am to 12 noon and continuing every Wednesday until 12th December.

During the course you will listen to, discuss, and study a selection of music from the composers associated with Vienna, including Mozart, Beethoven, Brahms, Bruckner, Schubert, Mahler, the Strauss family and the early 20th century school led by Schoenberg.

The cost for the series of lectures is £55. ***If you are interested in this course please contact***

***Colin Biggins on 322565
or Ruth Higginson 322598***

LITTLE DID WE KNOW

Back in May a speaker from The Beth Chatto Garden (unaware of the impending weather conditions) came to DHS and gave us a talk on *Making a Drought Resistant Garden*; had we known then that we were about to get a first-hand weather experience on drought we might have paid greater attention with note-books at the ready. Afterwards an array of plants for sale beckoned; however that's when a voice from somewhere reminds me there are still newcomers at home yet to be planted!



But there's always something that's not on *The Great List* – there it was – *Hylotelephium* 'Touchdown Teak' – almost black glaucous leaves forcing my hand to pick it up.

Well, what's one more? Alas when checking a few websites later on, this

unknown perennial was nothing more than a *Sedum* with a new unpronounceable name. Oh no, not another name change!

There are already seven varieties of *Sedum* (sorry, but I have to use the old name) on *The Great List*: they are among the best plants for attracting butterflies and bees, will grow in full sun and survive drought conditions. So, without knowing it then, I was ahead of the game.

Many of you will have *Sedum spectabile* 'Autumn Joy' (aka 'The Ice Plant') with its pale greeny/grey glaucous leaves and large flowers which turn pink, but there are several dark varieties which I grow for contrasting foliage in the south-facing 'white garden'. *S.* 'Matrona' has dark purple coloured stems and smaller flower heads; *S.* Karfunkelstein (how's that for a name?) also has pink flowers but with shorter dark multi-branched stems so no flopping.

Then there's *S.* 'Frosty Morn' with green/white variegated foliage and white flowers – flanked by black-leaved *Ophiopogon* (a grass 'lookalike') to show it off. Close by *S.* 'Rhubarb and Custard' (also variegated) is *S.* 'Coca Cola' – not more than 5–10 cm high so ideal for ground cover in a gravel garden.

You could also add *S.* 'Gooseberry Fool' for a really tasty combination! Websites abound with more suggestions.

The pink flower heads of *S. spectabile* are ideal for a simple ‘modern’ flower display – no skill needed for this. Remembering the ‘odd number principle’, take three or five stems, shorten by half and strip the lower leaves

Bunch the heads together to resemble one large ‘flower’ and plonk them into a vase or container that will keep the stems close together – a jam jar is ideal. Just add a ‘frill’ of some contrasting foliage if you want to be really arty; it will last for ages and the stems usually sprout roots as well for potting up later on.

September tips:

It’s essential to water Camellias now and into October to ensure a good show of flowers in spring.

When tidying up/cutting back plants, trees or shrubs do it *before* you cut the lawn so that any debris left behind can be gobbled up, leaving the lawn nice and tidy.

I *always* manage to do it the other way round!!

See you at our Autumn Show on 8 September.

Elizabeth Ellis

Join Dedham Horticultural Society
www.dedhamgardening.wordpress.com

Spirit of the Stour: Plein Air Painting Competition, Friday 21st and Saturday 22nd September, 10am-3pm. Entry fee: £20 for one day/£35 for two days

Follow in the footsteps of Sir Alfred Munnings and John Constable with the museum’s second two day Paint Out along the banks of the river Stour.

Take part on one or both days. Open to all abilities – beginners welcome and there is an Amateur artist category this year. Prizes will be awarded at 1pm at a reception on the afternoon of Sunday 23rd September. Overall cash prize of £250.

Please read the Competition Rules. By booking a place you agree to abide by the Rules as set out.

Spirit of the Stour: Plein Air Painting Exhibition, Café in the garden, Sunday 23rd September to Sunday 28th October, Wednesdays to Sundays 12.30-5pm, FREE

A selection of paintings from the Plein Air painting competition will be on display in the museum’s Garden Café. Opportunity to purchase works for sale.



Assembly Rooms



Antiques Fair

Sunday 2 September - All Day

Horticultural Society Autumn Show

Saturday 8 September

Little Squigglers

Thursday 10.30-12 noon

Dedham Art Society

Thursday 13 & 27 September – 2-4pm

Dedham Films

Wednesday 19 September 7pm

Duchy Barn Community Centre in Mallett Room at Assembly Rooms

Coffee Mornings

Tuesdays and Thursdays

10.30 -12.30 pm

Friday 28 September

Bridge in Dedham

Wednesdays 2pm-5pm

Thursdays 7pm – 10pm

Youth Club

Fridays 7.30 – 9.15pm

Not 14 September

For information and to make a booking for the
Assembly Rooms please contact:

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Assembly Rooms, Dedham

Films Admission 7pm, , begin 7.30pm

Tickets £4

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Refreshments available

Three Billboards Outside Ebbing, Missouri (15)

Directed by Martin McDonagh (2017)

Wednesday, September 19, 2018

7:30 PM 10:00 PM



A darkly comic drama from Academy Award nominee Martin McDonagh (In Bruges). After months have passed without a culprit in her daughter's murder case, Mildred Hayes (Academy Award winner Frances McDormand) makes a bold move, painting three signs leading into her town with a controversial message directed at William Willoughby (Academy Award nominee Woody Harrelson), the town's revered chief of police.

When his second-in-command Officer Dixon (Academy Award winner Sam Rockwell), an immature mother's boy with a penchant for violence, gets involved, the battle between Mildred and Ebbing's law enforcement is only exacerbated.

LITTLEGARTH COTTAGES VACANCY

Littlegarth Cottages Trust have a vacancy

The Littlegarth Cottages Trust was the gift of Miss Betty Mallett to the community. The Trustees of the Trust set up to administer the gift are the Vicar and Churchwardens. All income from the Trust is used to maintain and improve the properties.

The terms of the Trust Deed limits occupation “to house those in need or those who are elderly and in need or to use the Trust assets for the furtherance of religious and other charitable works”

If you think you may qualify or if you would like further information please contact:

Mrs Tracy Woods,
Clerk to the Trustees, c/o The Parishes Office,
Assembly Rooms, High Street, Dedham, CO7 6HJ
01206 323921
tracy.woods@btinternet.com

Closing date for applications 30th September 2018

2019 Village Quiz

The annual Village Quiz for organisations or groups based in Dedham will be held on

Saturday 19th January 2019

In the Assembly Rooms

7:00 for 7:30 start with six people per team and a maximum of 20 teams.

Tickets will cost £10.00 per person and will include a light supper. There will be a bar and raffle.

All proceeds will be donated to Colchester & Tendring Youth Enquiry Service. A local charity supporting teenagers in crisis

As this event is run to raise money for charity we would respectfully request that only drink purchased at the bar is consumed on the evening.

To enter a team please contact
Tracy Woods, 01206 323921
tracy.woods@btinternet.com

Constable Country Medical Practice Practice Update August 2018

Flu Clinics

The influenza vaccination programme will be different this year. Public Health England have decided that all patients aged 65 on or before 31st March 2019 will be offered a free trivalent adjuvanted vaccination. This is more effective for over 65's than the quadrivalent vaccine administered last year. There is only one supplier of the adjuvant vaccine in the UK and the practice is currently waiting for vaccine delivery dates to be confirmed.

Patients in 'at risk' groups under the age of 65 will be offered a free quadrivalent vaccination.

Children in 'at risk' groups between the ages of 2 and 18, and all children aged 2-3 (born between 1st Sept 2014 and 31st August 2016) will be offered a free quadrivalent nasal vaccination. Note that children between the ages of 4 and 9 years old will be offered a free vaccination via the school immunisation programme.

In addition to offering flu vaccinations we will also be administering pneumococcal and shingles vaccinations to eligible patients.

Because of the introduction of a third flu vaccine and staged vaccine deliveries, the vaccination programme is far more complex this year. We will therefore hold a number of flu clinics and will send personalised letters to every eligible patient inviting them to attend on specific dates. These letters will be sent through September and October.

It is difficult to predict how serious flu outbreaks in the UK will be this year, but maximising vaccination of young children, over

65's and 'at risk' patients offers the best protection. If you receive a letter from the practice confirming you are eligible, please ensure you attend one of our clinics.

Patient Feedback

Thank you to all patients who have completed one of our new comment cards or put a smiley face on the magnetic board in the waiting area at East Bergholt (we will shortly be installing one at Capel).

We review all feedback received and discuss it with our Patient Participation Group to agree further improvements we can make to the service we provide. Comment cards are available from all our clinicians and our receptionists. You can also provide feedback via our website, NHS Choices or the Healthwatch Suffolk website. We appreciate all feedback!

Training Days

Just a reminder that in 2018 the practice will be closed from 1pm on the following dates for staff training:

- 13th September (Thurs)
- 10th October (Wed)

On these afternoons the Capel St Mary building will be open to enable access to the pharmacy but the Practice reception will be closed. East Bergholt reception will be open.

Please note that there will be no clinicians at either building after 1pm as they will be attending training off-site. If you phone the practice the recorded message will ask you to ring 111 for medical assistance if your problem cannot wait until the next day.

Pete Keeble
Practice Manager

Autumn Fair

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Who knows what the next fifteen years will hold, certainly continued hospitality with delicious food and drink.

The Sun Inn prides itself on its seasonal, locally grown or raised where possible, produce and this is something Piers is passionate about.

No doubt its been hard work, what isn't. We may not be everybody's idea of their ideal pub but our teams have always aimed to fulfil our vision of an authentic, honest and welcoming pub. We are constantly evolving and I believe we're as close now to what we set out to be as ever.

To everyone who has worked here over the last 15 years, thank you for joining and contributing.



To our suppliers near and far, we couldn't have done without your great products, thank you. Tradesmen too, constantly keeping the wheels turning, thank you.

"All our fish comes from the Little Fish Company, which launched day boats out of Wivenhoe and when it can't it has boats across the south coast so it is not coming from a vessel which has been out for days on end and is keeping its fish frozen on board," says Piers.

And to you, our customers - whether you've come in once a week, once a month or just once a year - THANK YOU, it means a lot!

Piers Baker, Owner

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6.30pm

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jane.baylis@googlemail.com

£15 per ticket / Couple £25

Raising funds for the flower festival
5th to 8th October 2018

St Mary's Church Ardleigh

Flower Festival

5-8th October 2018

Theme - *Musicals*



- **Opening times:** Friday, Saturday & Monday 10am-5pm; Sunday 12-5pm
- *Cakes and Refreshments all weekend*
- **Saturday** from 2pm : Bell Ringing, Tours of the Tower, Children's Activities, Organ Recital at 4pm
- **Sunday** Harvest Celebration at 11am, Songs of Praise at 5pm
Donations on entry – we are raising funds for the fabric of the church

Thursday 6 Sep

Strindberg: Julie, modern version of Strindberg's *Miss Julie*, National Theatre - LL, 7pm at Odeon and at Firstsite Colchester and on 24 and 26 Sep at Firstsite

Wednesday 12 Sep

Shakespeare: Merry Wives of Windsor, Royal Shakespeare Company - LL, 7pm at Odeon and at Firstsite and at Lakeside Theatre, Colchester.

Wednesday 26 to 29 Sep

Oscar Wilde: An Ideal Husband, Headgate Theatre, Colchester, 7.45pm.



Sir Ian

McKellan as King Lear 27 Sept

Thursday 27 Sep

Shakespeare: King Lear, National Theatre - LL, 7pm at Odeon and Firstsite.

Friday 28 Sep to 13 Oct

Moll Flanders a play about Daniel Defoe's novel, Mercury Theatre, Colchester, 7.30pm.

Thursday 4 Oct

Shakespeare: The Winter's Tale, Globe Theatre London - LL, 7.15pm at Odeon Colchester.

Boeing - Boeing by Marc Camolet - The Reject Theatre Co, Headgate Theatre, Colchester, 7.30pm, to 6 Oct.

MUSIC

Tuesday 4 Sep

Peter Crompton (organ), St Mary-le-Tower Church, 1.10pm, Ipswich.

Saturday 8 Sep

Inspirational choral music from the 16th to the 20th century, Colchester Chamber Choir, 6.30pm at Boxted Church.

Tuesday 11 Sep

Recital by Ian Ray: 'Only Joking', Friends of the Moot Hall Organ, 1pm at Moot Hall Colchester.

Christopher Borrett (baritone), St Mary-le-Tower Church, Ipswich, 1.10pm

Sunday 23 Sep

The High Baroque, Lavenham Sinfonia, 7pm at Lavenham Church.

Andrew Cantrill-Fenwick (organ), St Mary-le-Tower Church, 1.10pm.

Saturday 29 Sep

Promenade concert, Essex Concert Band, 7.30pm at Rowhedge Village Hall.

Alissa Firsova, Piano, Pimlott Foundation, 5pm at Old House, Great Horkesley.

Sunday 30 Sep

Kingfisher Ensemble, 2.45pm at Lion Walk Church, Colchester.

Tuesday 2 Oct

Phillipa Barton (violin) Alasdair Hogarth (piano) César Frank, St Mary-le-Tower Church, 1.10pm.

Saturday 6 Oct

Henschel String Quartet, Ipswich Chamber Music Society, 7.30pm at Ipswich School.

Carter & Rutter, as part of choral evening, Lexden Choral Society, 7.30pm at Lexden Church.

Sunday 7 Oct

Kingfisher Ensemble, 2.45pm at Lion Walk Church, Colchester.

Henschel quartet: Beethoven, Debussy, Mendelssohn, Stour Valley Arts and Music, 4pm at East Bergholt Church.

ROMAN RIVER FESTIVAL**Thursday 20 Sep**

Alex Mendham and his orchestra 8pm at Mercury Theatre, Colchester.

Friday 21 Sep

Giraffes Can't Dance Especially for Under Fives - 11am and at 1pm, at Marks Tey Village Hall.

Songs and readings from the first world war, 6pm at St Martin's Church, Colchester.

Don Kipper. Five piece ensemble, traditional Greek and Turkish music, 9pm at St Martin's, Colchester.

Saturday 22 Sep

Street Poetry, walking through Colchester, at 11am and 1pm and 3pm. Also on Sunday 23.

Drop-In Family Workshop with Julia Cuthbert - from 11am to 1pm and 2 to 4pm at Firstsite, Colchester.

Adam Walker in a flute trio - Debussy, Ravel and others, first world war theme, 6pm at St Martin's, Colchester.

Seckou Keita, Kora, 9pm at St Martin's, Colchester.

Sunday 23 Sep

Nicholas McCarthy, piano works commissioned in the 1920s by pianist Paul Wittgenstein, 2pm at St Martin's, Colchester.

St Mary le Tower choristers with Rowena Calvert, cello, 5pm at St Martin's, Colchester.

Vein, Swiss jazz trio, 7pm at Colchester Arts Centre.

Monday 24 Sep

Nika Goriç (soprano) sings opera arias, 8pm at Coggeshall Church.

Tuesday 25 Sep

Greenstead Soundscapes children join the festival orchestra, 6pm at Colchester Academy.

Wednesday 26 Sep

Trio Isimsiz, 7.30pm at Fordham Church.

Thursday 27 Sep

The Marian Consort, 8pm at Stoke by Nayland Church.

Friday 28 Sep

Elgar Cello Concerto with Jamal Aliyev and Nika Goriç, soprano, in Mahler's Fourth Symphony, 8pm at Stoke by Nayland Church.

Saturday 29 Sep

Band of the Parachute Regiment - celebrating the centenary of the first world war armistice - 2pm, at University of Essex, Colchester.

Wagner: Götterdämmerung, orchestral highlights, Debussy, La Mer and music by Johanna Müller Hermann, 8pm at Stoke by Nayland Church.

Sunday 30 Sep

Festival Finale, 4pm at Stoke by Nayland Church.

OPERA/MUSICAL

Monday 27 Aug to 1 Sep

An Officer and a Gentleman, a new musical, Regent Theatre Ipswich 7.30pm, .



An officer and a Gentleman 27 Aug

Thursday 6 to 15 Sep

Wizard of Oz, Colchester Operatic Society CO2, at Mercury Theatre.

Thursday 13 Sep

Puccini: La Bohème, Sydney Opera House - LL, 7pm at Odeon Colchester.

Wednesday 19 to 22 Sep

SHOUT! The Mod musical, Brightlingsea Musical Theatre Group, Headgate Theatre, Colchester, 7.30pm.

Thursday 20 Sep

The Merry Widow, Australian Ballet - LL, 6.30pm at Odeon Colchester.

Monday 1 to 6 Oct

The Return of the Soldier, a chamber musical based on Rebecca West's 1918 novel. Various times, New Wolsey Theatre, Ipswich.

BALLET/DANCE

Saturday 22 Sep

Scheherazade and 1001 Nights - Company of Dreams, Mercury Theatre, Colchester, 7.30pm.

LL = Live link by satellite

For details of many more events and my free newsletter, see: www.eamaa.org

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Saturday 22 September
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Orchard Barns

Orchard Barns Kindergarten has had an exciting year!

...It has been a year since we embarked on an exciting project at both of our nursery settings in Ardleigh and Stratford St Mary. Orchard Barns opened our original site at Badliss Hall in 1994. We went on to open two more nurseries in Stratford and at Redbury Barn in Ardleigh. In 2016 we had a great opportunity to buy the site at Redbury Barn and in doing so, we created the nursery we always dreamt of. We were able to have a layout that we knew would work, spacious light rooms, beautiful outside spaces and lots and lots of toilets! The result is beyond our wildest dreams and comments from visitors including people who look at nurseries nationally have seen that it is one of the best settings in the country and there is nothing else quite like it!

The babies who were at Redbury Barn moved to a new purpose built baby room in Stratford St Mary while the work carried on. This was to be our first baby room for our Stratford nursery and it is proving to be very popular. At the same time, we refitted this beautiful nursery and we continued to develop our Outstanding Practice.

So what makes our nurseries unique? You will notice that we use natural materials and loose parts for our children's play and learning. Open ended equipment abounds ensuring children are given every opportunity to be creative and use their imagination.

We have been asked to open our doors to the public so that everyone can see what we do, and we would like to invite everyone to an open day at **BOTH sites on 8th September from 10am to 2pm**. Even if you do not have a preschool child and you are just interested to see what we do please come along. **For enquires please call Tracy 01206 231911**



St Helena Hospice
your time...your hospice

Volunteers needed to help out in our Dedham Hospice Shop.... Any days but especially for the seasonal Sunday opening until the 2nd weekend in September. Hours of opening are 10 to 4 but you can volunteer your time any of these hours. At present you need to be 18+ to volunteer with us (this will be changing in the future), full training is given. Great for a student or younger person to get some retail experience onto their CVs and very sociable, meeting so many wonderful people who come into the shop. If you would like further information or to come for a chat, please contact Melanie Moss-Burton, Shop Manager, 01206 323784.

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