

CLUBS & SOCIETIES

Martin Broom writes

DEDHAM FOOTPATH GROUP

Sunday, 31st July at 10.30 am

Meet at the free car park in the centre of East Bergholt for 4/5 mile walk. Details from Ian Chapman **079147 49520**.

Sunday, 14th August at 10.30 am

Meet in Stour Woods carpark for 4 mile walk. Details from Alan Bridges **323901**.

Sunday, 14th August at 10.30 am

Meet at Stour Woods car park for 4 mile walk. Details from Alan Bridges **323901**.

Sunday 4th September at 10.30 am

Meet at Stour Woods car park for a different walk to that on the 14th August. Details from Myra Leatherdale **01255 886649**.

Sunday, 18th September at 10.30 am

Meet Stratford St Mary close to footbridge 100m north of White Horse PH for a 5 mile walk. Details from Margaret Smith **322171**.

Betty Callaghan writes

THE GOOD NEIGHBOURS CLUB

An afternoon of light banter with confirmation of lunch at Mistley and the possibility of an outing to Sudbury. Time certainly flies when you are enjoying yourself!! The next meeting will be on Friday, 12th August at the Duchy Barn.

Graeme Forsyth writes

STOUR VALLEY U3A

We don't have a speaker meeting in August but hold our popular Summer Dinner on Friday 5 August at the Constable Hall.



On Wednesday 14 September Dr John Ashdown-Hill FSA, FRHistS, historian, writer & lecturer will talk on "Mythology of Richard III". He will explore the traditional mythology & modern myths which have emerged since the discovery of his remains in 2012. Was he a usurper? How many did he kill? Who was really responsible for finding his remains?

Meeting Venue

We meet at The Constable Hall, Gandish Road, East Bergholt CO7 6TP at 2.15pm. Annual membership costs £12 a year and this entitles members to attend the meetings that take place on the second Wednesday of each month, except August and December.

STOUR VALLEY MEN'S PROBUS CLUB

No meetings take place in August and our September speakers are on 7th - Tom Hodgson "What the Papers Say" and on 21st - Francis Boardman "The Battle of Waterloo". Meeting Venue—we meet at the convenient St John Ambulance HQ, Manningtree CO11 1EB.

Daniel Bell writes

DEDHAM OLD BOYS FOOTBALL CLUB

Based at The Drift in Dedham the club runs two senior men's teams competing in the Essex and Suffolk Border Leagues and a junior side in the Colchester Youth League. The Club is fun and structured and looking for new players to join the senior sides. If you are interested, come and join our preseason training every Wednesday at the Drift Dedham from 7 pm. Call Paul Ketley on **07762 211817**.

DEDHAM PARISH CHURCH

www.dedham-parishchurch.org.uk
e-mail: dedhamparishchurch@outlook.com

MINISTERS (01206) ☎
Vacancy Vicar and Lecturer
Paul Southern Assistant Minister
Merv McKinney Assistant Minister
c/o Parish Office, High Street, Dedham CO7 6DE 322 136

CHURCH OFFICERS
Julie Barrett Churchwarden 321 663
Quinlan Terry Churchwarden 322 370
Be Burleigh Deputy Churchwarden 323 205
Suzanne Woods Deputy Churchwarden 01255 870 640
Gabbie Watson Verger 322 425
Andrew Hodson Caretaker & Groundsman 07968 445 572

MUSIC
Antony Watson Director of Music 322 425

JUNIOR CHURCH
Tim Sarson ReVive@5 322 810

FLOWER ARRANGERS
Helen Sims Co-ordinator 321 286
Wendy Sarton Weddings 323 027

DEDHAM PARISH MAGAZINE
Melanie Hargreaves (dedhameditor@gmail.com) Editor ↓
Max Wilkinson 'What's On' Listings ↓
Martin Hole Advertising ↓

PARISH OFFICE at the Vicarage 322 136

9:30am-11:30am Tuesdays
11am-1pm Thursdays
(Thursday evenings during Summer Holidays)

Parish Secretary Claire Arculus
Asst. Secretary Be Burleigh, Louise Davison
Financial Administration Sara Marshall, Katrina Ablett

DEDHAM C.E. PRIMARY SCHOOL www.dedham.essex.sch.uk
Laura Austin Chairman ↓
James Aylott Head Teacher 322 242

ASSEMBLY ROOMS www.dedham-assemblyrooms.info
Tracy Woods Clerk to the Trustees 323 921

DUCHY BARN
Beth Mitchell Chairman 323 949
Colin Biggins Secretary 322 565

Printed by Spingold 262 751

DEDHAM PARISH MAGAZINE August and September 2016

SUNDAY SERVICES

8.30 a.m.

Holy Communion BCP
7th Aug & 4th Sept

10.30 a.m.

Family Service
7th Aug & 11 Sept

Morning Worship CW
14th Aug & 4th Sept
10.30 a.m.

Holy Communion CW
21st Aug & 18th Sept
10.30 a.m.

Morning Prayer BCP
28th Aug & 25th Sept
10.30 a.m.

6.30 p.m.

Evening Prayer BCP
7th Aug & 4th Sept

Re:Vive @5
25th Sept

DEADLINE FOR NEXT EDITION:

14 Sept 2016

CHURCH NOTICEBOARD EVENTS



Special Services—No Special Services this Month

Mission Bake Sale dates—Saturday, 30th July; August Bank Holiday Monday (29th August); Saturday, 24th September and Saturday, 29th October. In the Church Porch or outside (weather permitting). 10 am to 12 noon. All proceeds to Beacon House.

August Bank Holiday (29th) - Bric-a-Brac and craft stall with cake stall. All proceeds to church funds, 10 am to 4.30 pm.

October Half Term—Shakespearean Calligraphy Workshop for older children and Adults run by a local Artist in Dedham. To take place in Church. All proceeds to Beacon House. Further details to follow.

Saturday, 26th November—Big Breakfast, Assembly Rooms.

Tower Flag Days of the Month



15th August—St Mary the Virgin

From the Registers



FUNERALS

13th July- Rhoda Florence Smith (aged 97)

BAPTISMS

3rd July —Henry Llewellyn

Great things can grow from a small decision...

Please Remember
DEDHAM PARISH CHURCH
in your Will



GOD IN THE ARTS

HE GAVE US EYES TO SEE THEM—THE CHURCH ROOF AND CEILING

Each month we have been making our way through the church building and pausing to ponder different areas. This month we look up to the roof and ceiling of the church. In Gothic buildings our hearts are lifted high as the architecture soars upwards, trying to touch the very skirts of heaven. Norman churches in an earlier age by contrast seem weighed down by the stonework with heavy pillars and simpler windows.

This August we travel to a church consecrated much later – at the beginning of the 20th century. It is a wonderful monument to the Arts and Crafts Movement: St Andrew's Church at Roker, near Sunderland. It was commissioned by a shipyard millionaire, and there is a vivid sense of an upturned boat as we enter the nave. The building abounds with riches: a font with its cover by Mouseman Thompson of Kilburn, lettering by Eric Gill on plaques around the walls, and a beautiful lectern by Ernest Gimson. But our eyes are drawn to the east end – to the reredos tapestry of Burne-Jones, and then above, a ceiling by Eric Gill's brother, MacDonald, that proclaims the glory of creation.

The sky is studded with stars and the moon, and surrounded by trees and undulating lines of water. In the centre the sun is a brilliant light fitting for the east end. And from the clouds we see the creative hand of God raised in blessing. It is the opening chapter of Genesis portrayed in colour and shape above us. There we read that God rested on the seventh day. As we give thanks for that glory we see in St Andrew's Church and in our world around, we can hear George Herbert's hymn telling us how a life of work and rest should always be permeated by praise:
'Sev'n whole days, not one in seven,
I will praise thee.'





Mouse Makes

THE BIG CATCH OF FISH

The disciples had spent all night out on the lake fishing. As the sun rose a man on the shore asked them, "Have you caught anything?" They answered, "Not a thing". He said to them, "Throw your net out on the right side of the boat and you will catch some." So they threw the net out and could not pull it back in because they had caught so many fish. Then John recognised the man and said, "It is the Lord" When they reached the shore there was a fire burning and some bread. "Bring some fish" said Jesus "Come and eat."

How many fish did they catch?
Read John 21:1-14

Can you find 18 pairs of fish and the odd one out?

PAROCHIAL CHURCH COUNCIL (PCC)

Quinlan Terry, Julie Barrett, Suzanne Woods, Be Burleigh, Anthony Watson, Gabbie Watson, Ruth Higginson, Jo Hole, Briony Lawton, Brian Moore, Tim Sarson, Heather Tetchner and Sue Vinter.

PASTORAL TEAM

Ann Shaw, Lynne Al Sad, Ruth Higginson, Ian Sutherland, Sue Vinter

Anyone requiring lift to church please contact Ann Shaw on telephone ☎322192 or Ruth Higginson on ☎322598. Also if you are new to the village, or know of someone who would appreciate a visit from the pastoral team, please contact Ann Shaw on ☎322192.

BEREAVEMENT TEAM

Vee Drutt, Pam Tanner, Ruth Higginson, Tony Hughes

If you know of anyone who has been bereaved in the parish who would like a visit from one of our team please contact Vee Drutt on ☎322000 or Ruth Higginson on ☎322598.

MISSION TEAM

Lynne Al Sad, Ruth Higginson, Heather Tetchner

We are always looking for volunteers to bake or to help on the stall. If you would like to volunteer to help contact Ruth on ☎322598.



August Bank Holiday Monday

29th August

Outside Church 10 am to 4.30 pm

Cake Stall Craft Stall Bric a Brac

All proceeds to church funds

NEWSROUND

The Dedham Players present Ken Ludvig's hilarious comedy

LEND ME A TENOR

26 - 29 October 2016

Assembly Rooms Dedham



Ann Shaw writes

DUCHY BARN

On Sunday, 7th August and on every subsequent 1st Sunday of the month, the Duchy Barn will open 2-3.30 pm for tea, coffee and fellowship. All are welcome. We look forward to seeing you.

Mel Willis writes

THE FIDUCIA DEDHAM 10K AND 3K RUNS

On Sunday 18th September, the Fiducia Dedham 10K and 3K races will be taking place at 11am. To register your place, visit www.dedhamrun.co.uk or for more information,

email info@dedhamrun.co.uk.



Ronnie Dawson and Yvonne Amoss write

BRANTHAM'S GARAGE SALE - THANK YOU

Ronnie and Yvonne would like to say a great big Thank You to everyone who came along to our garage Sale on 11th June. Without your help we wouldn't have achieved a fantastic total of just over £7000. Half this will go to the St Elizabeth Hospice (The Carla Dawson Tribute Fund), the other half will be divided between The Cystic Fibrosis Trust, Woolverstone Wish at Ipswich Hospital and Marie Curie, with smaller donations going to The Nepal Children's Trust and the Brantham Village Hall Brick Appeal. This brings our grand total collected to over £43,000. Once again, we donated all the leftover items to Acorn Village at Mistley, who made several trips to clear out our garages.

WHAT'S ON: FILM

In the Assembly Rooms Dedham



Admission 7pm—films begin 7.30pm
Tickets £4 available from
Shakespeare House Gallery
or online at www.dedhamfilms.co.uk

Thursday 18 August 2016

The Jungle Book (PG)

2016 Directed by Jon Favreau

Based on the Rudyard Kipling story, "The Jungle Book" tells the story of man-cub "Mogli" raised by wolves in the jungle. When a threat from the tiger, Sher Khan, forces him to flee the jungle, Mogli embarks on a journey of self discovery with the aid of the panther, Bagheera, and the free spirited bear, Baloo.



Wednesday 21 September 2016

MUSTANG (15) subtitles

2016 Directed by Deniz Gamze Erguven

In a Turkish village, five orphaned sisters live under strict rule while members of their family prepare their arranged marriages. An open eye into the discipline of Turkish culture, where the conservative Anatolian community responds with panic, when the girls innocently interact with their male class mates, in this terrific, Oscar-nominated feature.



There will be no performances
shown in August and September

Refreshments available before the Films & Screenings and in the intervals

Contacts: Jax Horswill 322328 or dedhamfilms@gmail.com
To find out more about Dedham Films visit www.dedhamfilms.co.uk

ROMAN RIVER FESTIVAL

In Colchester and nearby villages

Fri 16 Sep: RRF String Orchestra - Bartók, Janáček, Tchaikovsky in **Dedham Church.**

Sat 17 Sep: 11 am Savitri Grier, (violin) & friends - Kodaly, Dvorak; Fingringhoe Church. 6 pm Tom Poster, piano and the Piatti quartet.

Sun 18 Sep: 11 am sea shanties on a Thames barge, Brightingsea. 6 pm *Songs of the sea* James Gilchrist tenor Anna Tilbrook piano.

Wed 21 Sep: 11 am Nathaniel Boyd, cello – Bach and Kodály; Tymperleys, Colchester. 3 pm & 8 pm Sacconi Quartet - Beethoven in the dark; Mercury Theatre.

Thu 22 Sep: 6 pm & 9 pm *The Juliet Letters*, Shakespearean song cycle.

Fri 23 Sep: 2 pm Colchester Institute students' compositions. 4.30 pm Klanghaus. 8 pm Chamber concert - Bartók, Stravinsky, Adès.

Sat 24 Sep: 2 pm The Sacconi Quartet. 6 pm Gesualdo - dramatisation of his life. 9 pm Chris Woods, guitar.



Nicola Benedetti 28 Sep

Sun 25 Sep: 3 pm The Elysian Singers - choral hits. 6 pm Choreographing Bach - dancer and cello. 9 pm Steve Reich at 80.

Wed 28 Sep: 8 pm Nicola Benedetti, Elschenbroich, Grynuk Trio.

Thu 29 Sep: 8 pm Kensington Brass.

Fri 30 Sep: 8 pm RRF Ensemble - Bartók, Mahler.

Sat 1 Oct: 6 pm RRF Orchestra with Tim Hugh (cello), Britten, Vaughan Williams.

Sun 2 Oct: 4 pm Festival Finale.

OPERA/MUSICAL

Tue 9 Aug: 6.30 pm

Glyndebourne Music - live link: Berlioz's *Béatrice et Bénédict*; Firstsite.

❖ **Thu 8 to 17 Sep:** 7.30 pm

Colchester Operatic Society CO2: *Carousel*; Mercury Theatre.

❖ **Thu 15 Sep:** 7 pm **Handa**

Opera on Sydney Harbour - live link: Puccini's *Turandot*; Firstsite and Odeon Colchester.

❖ **Mon 26 Sep:** 7.15 pm

Royal Opera House - live link: Bellini's *Norma*; Odeon Colchester.



Sonya Yoncheva

For details see:

www.eamaa.org

DEDHAM LECTURE 2016

Bishop Michael Nazir-Ali
Former Bishop of Rochester.

FAITH, FREEDOM & THE FUTURE

**“CHALLENGES FOR THE
21ST CENTURY”**

8 p.m.

Tuesday 27th September

For further information:

web:

www.dedham-parishchurch.org.uk

email:

dedhamparishchurch@outlook.com

*The Lecture, which is free, will take place in
Dedham Parish Church
and is arranged by the Dedham
Ecclesiastical Lectureship Trust.*

PARISH COUNCIL

Nicola Baker writes

Mobile Library

The library service for Essex is run by Essex County Council. As in previous years ECC needs to make significant savings which may mean changes to services for which the authority is responsible. One of the services which is in the spotlight is the mobile library service. The mobile library visits Dedham every two weeks on a Tuesday morning, stopping in Royal Square, Parsons Field and Dedham Meade. If you use the mobile library we would like to hear about your experiences of the service. Please get in touch via the Clerk.

Small Grants

The Parish Council has a small grants fund available to clubs and societies in the village. Applications will be considered twice each year; in April/May and December/ January. Details are available on the website or from the Clerk.

Local Plan

Colchester Borough Council's 'Local Plan' is the strategy which will determine housing development across the borough for the next fifteen years. At present a document called the 'Preferred Options Local Plan' is out for public consultation. It is a significant document with many parts which is available on the CBC website. For each area of Colchester and each parish a number of sites for potential development have been identified.

In Dedham, three sites have been proposed, all of which are located around the Heath crossroads. Dedham Parish Council is currently considering its response to this document. There will be a drop-in session when the proposals will be on display on Thursday 4 August at the Assembly Rooms between 4pm and 8pm. This event is organised by CBC but the Parish Council will also be present to hear your views on the proposals. You can also respond to the consultation online by Friday 16 September. The Parish Council will be discussing the local plan proposals at its next meeting on September 5th.

Parking

Proposals from the North Essex Parking Partnership for changes to parking restrictions were discussed at the July Parish Council meeting. It was decided that some amendments to the proposals were needed before the formal public consultation begins. Thank you to all of you who participated in this meeting. Because of the expected interest in the Local Plan consultation item at the September meeting (see above), the revised parking proposals will now be discussed at the October meeting.

Next meeting 5 September, 7.30pm in the Duchy Barn

www.dedhamparishcouncil.org.uk
clerk@dedhamparishcouncil.org.uk
☎01255 871483 (Clerk, Emma Cansdale) or ☎395579 (Assistant Clerk, Brian Hindley.)

WHAT'S ON : MUSIC

Snape Proms 29 July to 28 August

Every evening at Snape,
Aldeburgh at 7.30 pm

The programme includes:

The Piccadilly Dance Orchestra; the Hugh Masekela band (jazz trumpet); Tommy Emmanuel (guitar); Jon Boden (folk); The King's Singers; Suffolk Youth Orchestra; National Youth Orchestra; Chris Barber and his jazz band; Ian Bostridge (tenor); Treacherous Orchestra, (folk); Clare Teal (big band songs); Paul Lewis (piano); Cara Dillon (folk); BBC Big Band (jazz); Tango Siempre

(Argentine); Claire Martin and Ray Gelato (jazz); Belcea Quartet; National Youth Choir of Great Britain; Tasmin Little (violin) & Martin Rosco (piano) playing Beethoven; Elaine Paige: songs from musical theatre; Britten - Pears Orchestra Tchaikovsky; Rosanne Cash (country); BBC Concert Orchestra; Le Vent du Nord (Québécois folk); Show of Hands (folk-roots duo) Angela Hewitt (piano) plays Bach; Black Dyke Brass Band; John Wilson Orchestra (popular classics).

www.aldeburgh.co.uk

Suffolk Villages Festival

♦**Fri 26 Aug:** 8 pm Mozart & Haydn; Stoke by Nayland Church.

♦**Sat 27 Aug:** 6.30 pm Monteverdi's *L'incoronazione di Poppea*; Hadleigh Church.

♦**Sun 28 Aug:** 6.30 pm Seventeenth-Century Masters of the theorbo; Nayland Church.

♦**Mon 29 Aug:** 6.30 pm Mozart Requiem & Shakespearean music by Arne, Linley, Storace, Bishop & Mendelssohn; St Peter's Church Sudbury.



Philippa Hyde
sings *Poppea*

♦**Sun 4 Sep:** 5 pm **Aldeburgh:** Suffolk Youth Music Gala Concert.

♦**Sat 10 Sep:** 7.30 pm **Coggeshall Church:** Last Night of The Proms.

♦**Sun 11 Sep:** 3 pm **Cratfield:** Callino Quartet with Anna Dennis (soprano) & Alasdair Beatson (piano); Cratfield Church.

♦**Sat 17 Sep:** 7.30 pm **Trianon:** *Choruses & Variations*; Snape.

♦**Sun 18 Sep:** 7 pm **Lavenham Sinfonia:** Viennese classics; Lavenham Church. 7.30 pm **Kingfisher Sinfonietta:** Haydn *Concerto for Violin & Piano in D minor*; St Mary's Woodbridge.

♦**Sun 25 Sep:** 6.30 pm **Kingfisher Sinfonietta:** Mozart, Poulenc, Haydn; The Cut Arts Centre, Halesworth.

WHAT'S ON: FILM, THEATRE, MUSIC

FILM

❖ **Tue 16 Aug:** 7 pm **Firstsite:** *The Third Man*.

Thur 18 Aug 7.30 pm Dedham Films: *The Jungle Book*; Assembly Rooms.

❖ **Fri 19 Aug:** 7 pm **Firstsite:** *Henri Cartier-Bresson: the impassioned eye*.

❖ **Wed 24 Aug:** 11 am **Firstsite:** *Far from the madding crowd*.

❖ **Fri 9 Sep:** 7 pm: **Firstsite:** *The Rev- enant*.

THEATRE

Wed 21 Sep: 7.30 pm **Dedham Films:** *Mustang*; Assembly Rooms.

❖ **Fri 29 Jul:** 7.30 pm **Mercury**, Colchester: *Wind in the Willows*, to 21 Aug. 8 pm **Headgate Theatre**, Colchester: *Laughed Out of Court*, Stapled to a Chicken's comedy show, to 30 Jul.

❖ **Mon 8 to 13 Aug:** 7.30 pm **Theatre Royal Bury:** *Rehearsal for Murder*.

❖ **Sun 14 Aug:** 7 pm **Branagh Theatre** - **live link:** Shakespeare's *Romeo and Juliet*; Firstsite, Colchester.

❖ **Fri 19 to 28 Aug:** 7.30 pm **The Mercury Young Company** - Shakespeare's *Romeo and Juliet*.

❖ **Thu 1 Sep:** 7



pm **National Theatre, London** - **live link:** *The Deep Blue Sea* by Terence Rattigan, and at Odeon Colchester.

❖ **Tue 13 to 14 Sep:** 7.30 pm **Theatre Royal Bury:** *Lady Anna: All At Sea* - Anthony Trollope sails to Australia...

❖ **Thu 15 to 17 Sep:** 7.30 pm **Theatre Royal Bury:** *Journey's End*, R. C. Sherriff's drama of the trenches.

❖ **Tue 20 to 23 Sep:** 7.30 pm **Theatre Royal Bury:** *Hamlet*: Shakespeare's play with an all-black cast.

❖ **Wed 28 Sep:** 7 pm **Royal Shakespeare Company** - **live link:** Shakespeare's *Cymbeline*; Odeon Colchester.

MUSIC

❖ **Sun 31 Jul:** 3 pm **Concerts at Cratfield:** London Haydn Quartet; Cratfield Church.

❖ **Thu 4 Aug:** 12.30 pm **Coggeshall Church:** Lorraine Ely, soprano.

❖ **Sun 14 Aug:** 3 pm **Cratfield:** André Trio - Mendessohn, Fauré, Beethoven; Cratfield Church.

❖ **Thu 18 Aug:** 7.30 pm **Essex Youth Chamber Orchestra:** Coggeshall Church.

❖ **Sun 21 Aug:** 6 pm **Pimlott Foundation:** Summer Soirée: French chamber music; Old House, Great Horkesley.

❖ **27 Aug:** 7.30 pm **Coggeshall Church:** Flower Festival, concert and cabaret.

Sun 28 Aug: 3 pm **Cratfield:** Charles Owen, piano - Bach, Chopin, Ravel; Cratfield Church.

❖ Liszt, Ravel; Cratfield Church.

❖ **Sun 4 Sep:** 5 pm **Aldeburgh:** Suf-

Julie Barrett writes

PARISH VACANCIES

Our PCC is looking for an Hon. Treasurer who is willing and able to accept responsibility for proper accountability and reporting of all our church's financial matters. You would have an excellent team, already in place, to help with the day-to-day book-keeping and the like, and to provide background information plus some specialist help. You would be expected to be an ex officio member of the PCC and report on behalf of a finance/governance committee (which you would chair) to it.

We are also looking for an Hon. Secretary (to the PCC). We are looking for a competent, organised and attentive administrator/secretary, who can help keep the PCC (and especially the Churchwardens) in order with the various correspondence, minute-keeping

and progress-chasing that comes with taking care of a large parish church. You would also work alongside a fantastic Parish Office team, and be an ex officio member of the PCC yourself.

If you would like to find out more about these two voluntary positions, or apply, please contact the Parish Office in the first instance, and the appropriate officer will get back to you.

Jill Strangward writes

LAST NIGHT OF THE PROMS LIVE

Come and see the Last Night Of The Proms live at Dedham Assembly Rooms on Saturday 10th September, 6:30pm for 7pm start. There will be a bar available, but please bring your own picnic. Tickets are £10 and proceeds will go to Medicin Sans Frontiere.

For more information, contact Jill Strangward on ☎322006.

DEDHAM ARTS GROUP SUMMER EXHIBITION

**Littlegarth Studio, High Street, Dedham
Saturday, 27th August until Monday, 29th August
2016.**



Admission is free and the exhibition is open every day from 10 am until 5 pm.

There will be a private view open to members and their friends on Friday, 26th August at the Littlegarth Studio at 7 pm.

NOTICEBOARD

Katie Sambrook writes

There are two vacancies on the Governing Body of Dedham School for Co-opted Governors commencing in the new academic year. "Co-opted Governor" is a person appointed as a Governor by the Governing Body and who, in the opinion of the Governing Body, has the skills required to contribute to the effective governance and success of the school. In particular the Governors want to enhance their skill set by appointing somebody with finance or accountancy expertise. The Governing Body also has a vacancy for a Foundation Governor, who will be appointed via the Church authorities and has a responsibility to monitor and evaluate the School's effectiveness as a Church school to include all stakeholders.

All 3 vacancies are open to both parents of pupils at Dedham School and also members of the community that would like to contribute to the life of the school within it. The role involves two evening meetings and an evening training session per term, plus occasional school visits, as well as undertaking induction training via Essex County Council and ongoing training throughout the four year role. The role is voluntary, with the main purpose being to contribute to the school strategically to support the learning outcomes for every child.

For an informal conversation with regard to the roles, please contact Clerk to Governors Katie Sambrook on ☎**323813** or Vice-chair Laura Austin via the school on ☎**322242**.

Lydia Polom writes

ST HELENA HOSPICE Pedal for your local Hospice!

Whether you are a long-distance cyclist or just enjoy a leisurely family bike ride, why not turn your pedal power into pounds by joining in one of St Helena Hospice's cycle events?

First up there is the London to Brighton 54 mile route on Sunday, 11th September starting at Clapham Common and finishing on the iconic Brighton Pier. Perfectly placed for small or large groups from age 16 upwards. To find out more about this challenge visit

www.sthelenahospice.org.uk/challenges.

Or how about taking part in the annual St Helena Hospice Cycle Ride on Sunday, 2nd October? A route for every cyclist over the age of 5, with 5, 24, 56 or 100 miles around beautiful countryside. All starting at Monks Farm, Dedham. Please visit www.sthelenahospice.org.uk/cycleride16 to register and for price information. Registration closes 12 pm on Friday, 30th September and re-opens the Sunday morning of the event. To talk to St Helena Hospice events team about either of these challenges please call ☎**931468**.

NOTICEBOARD

Peter Keeble writes

CONSTABLE COUNTRY MEDICAL PRACTICE

Over the last year there have been many changes at the practice. In addition to changes in the partnership and other staff, we have also changed our appointment system. Some changes take a while to have an impact on how the practice is perceived as some patients only occasionally have a need to visit the practice. However, we hope that our policy of always offering a same day face-to-face or telephone appointment is reassuring and patients understand they can contact us at any time of the day if they need access to a clinician.

We want to continue to improve the service we offer and our interaction with patients is key to helping us understand what works well and where we can improve. I thought it may be useful to summarise how you can improve your interaction with the practice:

Most importantly, please ensure we have up to date contact details for you, including home and mobile telephone numbers and email address. You can update these via our website (click on 'update contact details' on the home page) or by filling in a form available from reception. This will enable us to send appointment confirmations, notifications of test results and other important information we feel you should be aware of. Note that your details are strictly confidential and will only be used for practice purposes.

We are further developing our website to ensure that information you need is available.

Our aim is to improve the website over the coming months to ensure it contains up to date and useful information. We will also be introducing a twitter feed to inform patients of incidents, such as power cuts, or events such as flu clinics.

The PPG has been operating for over a year now and we are lucky to have such an active PPG. We meet monthly and discuss the day to day operation of the practice, new developments and any problems which come to their attention. The PPG are also proactive in helping the practice address wider health issues. They recently organised a very successful presentation on diabetes by Dr Gerry Rayman, and will be organising further events in the year ahead. Their contact details can be found on the website and they welcome feedback on how the practice is performing.

The PPG have provided feedback cards for patient use and collection boxes at Capel and EB, and these are reviewed regularly. We also have Friends and Family Test feedback cards available, and patients can provide feedback via our website and on NHS Choices. We welcome all feedback, though we hope patients will tell us when they have had a good experience, not just when they have experienced a problem.

Training Days

The practice will be closed from 1pm on the following dates for staff training: 15 September 2016 (Thurs). 12 October 2016 (Wed). Doors will be closed at these times so please ensure any prescriptions are picked up well beforehand.