

CLUBS & SOCIETIES

Graeme Forsyth writes

STOUR VALLEY MEN'S PROBUS CLUB

Recent Meetings

On 1st June John Field spoke to us on "Giles, The Cartoonist, and his adopted town" and on 15th June John Tingey about the great work undertaken by the RNLI.

Future Meetings

On 6 July Lewis Tyler will talk about "The River Gipping Trust" and David Brown will talk on "The Land of the Dragon" on 20 July. Our popular Summer Lunch takes place at the Venture Centre on Sunday 17 July. No meetings take place in August.

Meeting Venue

We meet at the convenient St John Ambulance HQ, Manningtree CO11 1EB
New members

Our Club endeavours to be simple in structure, be free of the constraints and obligations of service clubs, and involve members to a minimal cost. The club is directed primarily to providing fellowship between members who are compatible with each other, and provide the opportunity for development of acquaintances. New members are welcomed by Stour Valley Men's Probus Club, we meet on the first and third Wednesday of each month in Manningtree at 10.30am. Please contact Secretary Brian Rolfe on ☎393665 for further details.

STOUR VALLEY U3A

Future Meetings

On Wednesday 13 July Brian Cornell, a former Thames lighterman on the

River Thames, will talk on "The Thames Watermen & Lightermen". This promises to be an interesting first-hand account of the operating practices of the Port of London in the post-war era.

We don't have a speaker meeting in August but hold our popular Summer Dinner on Friday 5 August at the Constable Hall.

Meeting Venue

We meet at The Constable Hall, Gandish Road, East Bergholt CO7 6TP at 2.15pm. Annual membership costs £12 a year and this entitles members to attend the meetings that take place on the second Wednesday of each month, except August and December.

Betty Callaghan writes

THE GOOD NEIGHBOURS CLUB

At our recent meeting we expressed our enjoyment at our visit to Tiptree and delighted to hear from Val Blaker and an outing to Bury St Edmunds was confirmed within the next few days. The next meeting will be on Friday, 8th July. Competition: Necklace.

Julie Barrett writes

MARK II BIBLE STUDY GROUP

Please note the following:

Tuesday, 5th July—both meetings (Mark II Bible group and prayer group) will be 7.30 pm to 8.15 pm at 4 Crownfields.

Tuesday, 12th July—Anne-Marie Partrick to coordinate, details will be posted in Pew News.

Tuesday, 19th July—as above and last meeting until 6th September.

DEDHAM PARISH CHURCH

www.dedham-parishchurch.org.uk
e-mail: dedhamparishchurch@outlook.com

MINISTERS (01206)

Vacancy	Vicar and Lecturer	☎
Paul Southern	Assistant Minister	
Merv McKinney	Assistant Minister	

c/o Parish Office, High Street, Dedham CO7 6DE 322 136

CHURCH OFFICERS

Julie Barrett	Churchwarden	321 663
Quinlan Terry	Churchwarden	322 370
Be Burleigh	Deputy Churchwarden	323 205
Suzanne Woods	Deputy Churchwarden	01255 870 640
Gabbie Watson	Verger	322 425
Andrew Hodson	Caretaker & Groundsman	07968 445 572

MUSIC

Antony Watson	Director of Music	322 425
---------------	-------------------	---------

JUNIOR CHURCH

Tim Sarson	ReVive@5	322 810
------------	----------	---------

FLOWER ARRANGERS

Helen Sims	Co-ordinator	321 286
Wendy Sarton	Weddings	323 027

DEDHAM PARISH MAGAZINE

Melanie Hargreaves (dedhameditor@gmail.com)	Editor	↓
Max Wilkinson	'What's On' Listings	↓
Martin Hole	Advertising	↓

PARISH OFFICE at the Vicarage 322 136

9:30am-11:30am Tuesday
11am-1pm Thursday

Parish Secretary Claire Arculus
Asst. Secretary Be Burleigh, Louise Davison
Financial Administration Sara Marshall, Katrina Ablett

DEDHAM C.E. PRIMARY SCHOOL www.dedham.essex.sch.uk

Jason Skelton	Chairman	↓
Heather Tetchner	Head Teacher	322 242

ASSEMBLY ROOMS www.dedham-assemblyrooms.info

Tracy Woods	Clerk to the Trustees	323 921
-------------	-----------------------	---------

DUCHY BARN

Beth Mitchell	Chairman	323 949
Colin Biggins	Secretary	322 565

Printed by Spingold 01206 262 751

DEDHAM PARISH MAGAZINE July 2016

SUNDAY SERVICES

8.30 a.m.

Holy Communion BCP
3rd July

10.30 a.m.

Family Service
3rd July

Morning Worship CW
10th and 31st July
10.30 a.m.

Holy Communion CW
17th July
10.30 a.m.

Morning Prayer BCP
24th July
10.30 a.m.

6.30 p.m.

Evening Prayer BCP
3rd July

Re:Vive @5

Has now finished for the summer

DEADLINE FOR NEXT EDITION:

13 July 2016

This magazine can be read in colour at www.dedham-parishchurch.org.uk



Special Services

No Special Services this Month



Tower Flag Days of the Month

28th July—beginning of World War I

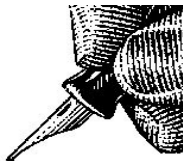
From the Registers

FUNERALS

16th June—William Charles ROSE, (aged 83)

BAPTISMS

5th June—Annabel Grace LLOYD



Great things can grow from a small decision...

Please Remember
DEDHAM PARISH CHURCH
in your Will

HE GAVE US EYES TO SEE THEM –CHURCH PULPITS

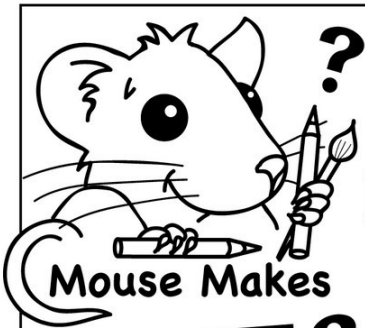
It is a steep climb of 199 steps that leads the visitor to Whitby from the streets below to the church of St Mary's that stands near the ruined abbey. Having negotiated the climb, the visitor enters the church and is greeted by a glorious array of Georgian furnishings: box pews and a triple decker pulpit with candlesticks and cushions. The clerk would sit at the bottom level to give out the notices, the parson would lead the service in the middle, and then he would ascend to the third level to expound the Word of God.



George Herbert says that for the country parson the pulpit should be 'his joy and his throne.' Sydney Smith had a different slant when he wrote on going into the pulpit of All Saints Church in Foston in 1806: 'When I began to thump the pulpit cushion on my first coming to Foston, the accumulated dust of 150 years made such a cloud that for some minutes I lost sight of the congregation.' Not so at Whitby where the church is cared for and well loved.

Today preachers often remain at ground level, the better to interact with their congregations, but here at St Mary's Church the pulpit is a sign of the importance of teaching the Word: not because the preacher stands eight feet above contradiction, but to allow people to see and hear.

The word 'pulpit' means a platform or raised area to address the gathered family of God. As we look on in the pews, it stands often on our left. But God looks at us from the east end of the church and the pulpit stands at his right hand: a sign that the sermon can be the divinely inspired message of prophet and teacher, and so become living and active in the minds and hearts of its hearers.



FIND THE BROTHERS

BENJAMIN	HARAN
ISAAC	MOSES
AARON	JOSEPH
GAD	SHEM
JAPHETH	JAMES
JACOB	ASHER
JOHN	ESAU
CAIN	ISHMAEL
PETER	ABEL
ABRAHAM	ANDREW

WHO AM I?

The last letter of one name is the first letter of the next name.

J _ _ _ S

- Mary's first child
Luke 1:30-31
- Hannah's son
1 Samuel 1:20

E _ _ T

- He wrote the second Gospel
- Followed Elijah
2 Kings 2:15

A _ _ M

- The first man
Genesis 2:20
- Baby in a basket
Exodus 2:1-10

_ _ _ S

- A wise king
1 Kings 4:29
- He built an ark
Genesis 6: 13-14

H _ _ _

- Wrote the 28th book of the Bible

_ _ _ A



WHICH BOOK IN THE BIBLE...

- ... is the **first**?
- ... is the **last**?
- ... has the **most** chapters?
- ... is the **last** in the Old Testament?

How many books are there in in the Old Testament, the New Testament, and the whole Bible?



DID YOU KNOW?

In the Bible there are: 31,173 verses, 1,189 chapters, 773,692 words.

The longest word is in Isaiah 8:1

The longest verse is Esther 8:9

The Bible was originally written in Hebrew, Aramaic and Greek



Can you find **JESUS** and all the Apostles in the word search?

- ANDREW
- JOHN • JAMES
- THOMAS • MATTHEW
- SIMON • THADDEUS
- BARTHOLOMEW • PETER
- PHILIP • JAMES • JUDAS

J O J E S J U D P H T E J
M J U D M A T T H E W A E
A O D J A M E S I M O N S
T H A D D E U S L E H D U
T N S I M S T H I W O R S
N O T H O M A S P E T E R
A B A R T H O L O M E W S

Julie Barrett writes

Many thanks to those of you who read and even emailed me in response to my last article. I read it, too, and noticed some printing mistakes. More about mistakes further on.

Meanwhile, I've been trying to work out: What does a Churchwarden do? Who am I supposed to be in this role? I've been reading various information, and thought I'd share some with you:

"In co-operation with the priest in charge (or, in cases of vacancy, the bishop), Churchwardens are generally responsible for the day-to-day functioning of the parish. These responsibilities include various aspects of administration, plant operations, and personnel. Their work is not just the maintenance of the church building, but helping the smooth running of the Church" (www.churchwardens.com, emphasis in original; italics mine). I am definitely a 'case of vacancy': a glazed look has regularly been passing across my face as I absorb the plethora of regulations, forms-to-be-filled, names of church chattels and fancy titles for building parts. Consequently, I will be dealing with the bishop for eternity! However, I perked up a bit when I saw I'll have to deal with 'plant operations': having just moved house, I need to do some – but I have a feeling that churchwardens have more to do with faulty boilers and leaking roofs than pricking out pansies. 'Smooth running of the church' conjures up a marvellously automotive picture: I wonder what sort of engine we should liken Dedham Church to? Answers on one side of A4 please, all you testostorossos out there. Seriously, though, that job spec. does sound quite onerous, doesn't it? And on top of all that practical responsibility, here's what our diocese expects:

"As the leading lay people in the parish, churchwardens must be seen to be setting an example in ministry, in worship, and in seeking to witness to their Lord and Saviour."

(<http://www.chelmsford.anglican.org/policies/churchwardens-and-sidespersons>; my italics).

No pressure, then! I did wonder: does this requirement to be 'setting an example' mean that all my past mistakes disqualify me? Then I remembered that, through the example and teaching of Jesus Christ, my past – and present and future – mistakes are forgiven. God wants to welcome me back into relationship and to help me live the life I was meant to live.

Marjorie Culham writes

GUIDE DOGS FOR THE BLIND STOUR VALLEY BRANCH

Trainee Guide Dog Bertie will be absent from the congregation here at St. Mary's as he has now advanced in his training and attending the London Guide Dog School at Woodford Green. After gaining valuable experience at the puppy walking stage including attending church, talks, meetings, travelling on all modes of transport and getting used to our big noisy world. I am sure Bertie will miss seeing you all, but has to move on to the next stage of his training which will be learning to guide safely. He will make new friends and playmates, two and four legged and will I am sure continue to work hard and later hopefully qualify as a Guide Dog. I will be in contact with his trainer and will update you on his progress.

I would like to say a sincere "Thank You" to everyone for the help given to Bertie at church.

A quote from Lord Baden Powell, founder of the Boy Scout movement "Leave nothing behind except your thanks". Bertie leaves his thanks (and maybe a few hairs!!)

Gill Mather writes

DEDHAM PLAYERS AUTUMN PRODUCTION - "LEND ME A TENOR"

This funny and highly entertaining farce will be staged at Dedham on 26th to 29th October. Keep your diaries free and look out for our main advert nearer the time (tickets when available from www.dedhamplayers.org or

Shakespeare House Gallery, Dedham).

This production will be directed by acclaimed international actor and director Kelvin Hastings-Smith whose performance as "The Dresser" in April was unsurpassed.

The play centres around a hotel suite where two scantily clad women both believe they are with Il Stupendo, a world famous tenor, after the man himself passes out temporarily and his place is taken by his assistant Max.

A sensation on Broadway, you'll fall about at this madcap, screwball 1930's set comedy. Book as soon as tickets become available. **DON'T MISS IT!**

Liz Connelly writes

1ST ARDLEIGH CUB SCOUTS

We mix some of the traditional skills of scouting with some newer aspects of the modern world! The main task is to have fun whilst learning some important life skills. 2016 is the Centenary year for Cub Scouts and we have lots of activities planned with a number of camps, our first one in February. We have a few spaces available currently so if you are 8 – 10 ½ year old and would like to join us, please contact Akela (Liz) at either ardleighscoutgroup@outlook.com or on ☎07747 792392.

Ann Shaw writes

DUCHY BARN

On Sunday, 3rd July and on every subsequent 1st Sunday of the month, the Duchy Barn will open 2-3.30 pm for tea, coffee and fellowship. Bring your friends, all are welcome. We look forward to seeing you.

In the Assembly Rooms Dedham



Admission 7pm—Films begin 7.30pm
Tickets £4 available from
Shakespeare House Gallery
or online at www.dedhamfilms.co.uk

Wednesday
20 July 2016
SPOTLIGHT (15)
2015 Directed by Tom McCarthy



When the Boston Globe's tenacious "Spotlight" team of reporters delves into allegations of abuse in the Catholic Church, their year-long investigation uncovers a decades-long cover-up at the highest levels of Boston's religious, legal, and government establishment, touching off a wave of revelations around the world.



Saturday 23 July 2016
Come and join us LIVE at Europe's
most spectacular music event



**Andre Rieu's
2016
Maastricht Concert**

Admission 6.30pm —Screening begins at 7pm Tickets £15
from Shakespeare House Gallery or online at www.dedhamfilms.co.uk

Refreshments available before the Films & Screenings and in the intervals
Contacts: Jax Horswill 322328 or dedhamfilms@gmail.com
To find out more about Dedham Films visit www.dedhamfilms.co.uk

Roman River Summer Festival
8 to 10 July

Elena Urioste (violin), Tom Poster (piano), and Orlando Jopling (cello) give informal concerts in Mistley, Wivenhoe and East Mersea.

romanrivermusic.org.uk

MUSIC continued

- ❖ **Sun 10 Jul** 7.30 pm **Studio Music** Brightlingsea: Trio Goya.
- ❖ **Tue 12 Jul:** 7.30 pm **Aldeburgh Music:** Sacconi Quartet and friends; Aldeburgh Church.
- ❖ **Thu 14 Jul:** 7.30 pm **Suffolk Philharmonic Orchestra:** Mozart; The Apex Bury St Edmunds.
- ❖ **Sat 16 Jul:** 7.30 pm **Headgate :** Joe Boyd - blues funk soul and jazz.
- ❖ **Sun 17 Jul:** 2.45 pm **Kingfisher Ensemble:** Summer Serenade: Strings & Wind; Lion Walk Church Colchester. 3 pm **Cratfield:** Heath Quartet - Mozart, Bartók, Beethoven; Cratfield Church.

❖ **Sat 23 Jul:** 7 pm **André Rieu in Maastricht - Live Link:** Dedham Films Live - Assembly Rooms and at 3 pm on 24 July Odeon Colchester.

❖ **Thu 21 Jul:** 12.30 pm **Coggeshall Church:** Organ Recital – Michael Frith.

❖ **Sun 31 Jul:** 3 pm **Cratfield:** London Haydn Quartet; Cratfield Church.

❖ **Thu 4 Aug:** 12.30 pm **Coggeshall Church:** Lorraine Ely, Soprano.

❖ **Sun 14 Aug:** 3 pm **Cratfield:** André Trio - Mendessohn, Fauré, Beethoven; Cratfield Church.



OPERA/MUSICAL

- ❖ **Sun 3 Jul:** 3 pm and 6 pm **Aldeburgh:** *The Rattler*, story of Rumpelstiltskin - Mahogany Opera Group; Jubilee Hall Aldeburgh.
- ❖ **Wed 6 Jul:** 7.30 pm **New Wolsey Theatre Ipswich:** *Bridge over Oblivion*, a rock/pop musical written by students, to 7 Jul. 7.45 pm **Headgate Colchester:** *Urinetown: the musical* by Mark Hollmann and Greg Kotis to 9 Jul; The Headgate.
- ❖ **Tue 12 Jul:** 5.30 pm **Glyndebourne Music - live link:** Wagner's *Die Meistersinger von Nürnberg*, with Gerald Finley (Sachs) & Michael Schade (Walther); Firstsite Colchester.

For details see: www.eamaa.org



**DEDHAM LECTURE
2016**

Bishop Michael Nazir-Ali
Former Bishop of Rochester.



FAITH, FREEDOM & THE FUTURE

**“CHALLENGES FOR THE
21ST CENTURY”**



8 p.m.

Tuesday 27th September

For further information:

web: www.dedham-parishchurch.org.uk

email:
dedhamparishchurch@outlook.com

The Lecture, which is free, will take place in Dedham Parish Church and is arranged by the Dedham Ecclesiastical Lectureship Trust.



PARISH COUNCIL

Nicola Baker writes

AFFORDABLE HOMES

Work on the Hallfields site (to be known as 'Saunders Field' when completed) is progressing fast. If you have added your name to Colchester Borough Homes' Housing Register then you should be ready to act very soon. If you believe you have a 'Local Connection' (see below) make sure your application shows that and you have provided the evidence to support your claim. If you have any queries about your application please call the Housing Options on ☎282569 or e-mail them at housing.evidence@colchester.gov.uk.

There are 4 x one bed, 4 x two bed and 1 x three bed properties available to rent through the housing association CHP. None of the properties have been pre-allocated and are available to people with a Dedham connection regardless of their circumstances.

You, or a member of your family, needs to have a local connection that meets one or more of the following criteria:

- currently live in Dedham and have done so for at least 6 of the last 12 months.
- permanently employed in and have worked in Dedham for at least 6 of the last 12 months.
- have lived in Dedham for not less than 3 years during the previous 5 year period
- have parents, adult children or brothers and sisters who have lived in Dedham for at least five years at the date of the application and it is reasonable for you to live in close proximity to offer support which such a family member requires

have an offer of permanent employment in Dedham for which personal attendance within Dedham is the main or a primary requirement of employment. The 4 x one bed units will be allocated to over 50s or those with a disability. The remaining five units are available to families of any age.

If enough Dedham people do not put their names forward for these properties then they will be offered to people on the housing list in nearby Colchester Borough parishes.

The adverts for the properties will be placed on the following website www.gatewaytohomechoice.org.uk on 21 July and the advert will remain 'live' until 27 July. This will be your only opportunity to 'bid' for these properties so if you will be away you will need to make advance arrangements to access the website. If you think you may have difficulties in using the system you can ask for help in Colchester Library in Trinity Square or the local housing office in Greenstead. Or you can phone the Parish Clerk, Emma Cansdale, on ☎01255 871483 or the Assistant Clerk, Brian Hindley, on ☎395579.

PARKING IN DEDHAM

Arising from safety concerns DPC has received proposals from the North Essex Parking Partnership of possible changes to parking regulations in Dedham. These will be discussed at our 4th July meeting. An officer from Colchester Borough Council will be in attendance. Details are on DPC website. Next meeting 4 July 2016, 7.30 in the Duchy Barn www.dedhamparishcouncil.org.uk clerk@dedhamparishcouncil.org.uk

WHAT'S ON : MUSIC

♦ **Fri 29 Jul:** Piccadilly Dance Orchestra.

♦ **Sat 30 Jul:** Hugh Masekela band - jazz trumpet.

♦ **Sun 31 Jul:** Tommy Emmanuel - guitar.

♦ **Mon 1 Aug:** Jon Boden - folk.

♦ **Tue 2 Aug:** The King's Singers.

♦ **Wed 3 Aug:** Suffolk Youth Orchestra.

♦ **Thu 4 Aug:** National Youth Orchestra.

♦ **Fri 5 Aug:** Chris Barber and his band - jazz.



Chris Barber - 5 Aug

♦ **Sat 6 Aug:** Ian Bostridge, tenor.

♦ **Sun 7 Aug:** Treacherous Orchestra - folk.

♦ **Tue 9 Aug:** Clare Teal - big band songs.

♦ **Wed 10 Aug:** Paul Lewis - piano.

♦ **Thu 11 Aug:** Cara Dillon - folk.

♦ **Fri 12 Aug:** BBC Big Band - jazz.

♦ **Sat 13 Aug:** Tango Siempre - Argentine tango.

♦ **Sun 14 Aug:** Claire Martin and Ray Gelato - jazz.

www.aldeburgh.co.uk

❖ **Fri 1 Jul: Ipswich Choral Society:** Outdoor charity concert; Blakenham Woodland garden Ipswich.

❖ **Sat 2 Jul:** 2pm and 7 pm **Headgate Theatre Colchester:** Colchester Students' voices. 7.30 pm **Mercury Theatre Colchester:** *Nocturne: the romantic life of Frederic Chopin*, piano and narration. 7.30 pm **Phoenix Singers:** songs from musicals; Framlingham College. 7.30 pm **St Botolph's Music Society:** young soloists' concert.

❖ **Sun 3 Jul: Ipswich Choral Society;** Christchurch Park, Ipswich. 3 pm **Concerts at Cratfield:** Carducci Quartet & Nicholas Daniel; Cratfield Church.

❖ **Thu 7 Jul:** 12.30 pm **Coggeshall Church:** Victoria Richmond, oboe & Philip Prior, piano. 7 pm Tendring Brass Band; St Nicholas's church Harwich.

❖ **Sat 9 Jul:** 7.30 pm **Coggeshall Church:** organ recital by James Dav.

❖ **Sun 10 Jul:** 6 pm **East Anglia Single Reed Choir:** an ensemble of clarinets and saxophones; Little Bromley Church Manningtree. 6.30 pm **Kingfisher Sinfonietta:** Mozart and Dvorak; Jubilee Hall Aldeburgh. 7 pm **Aurora Voices:** songs from the shows; Headgate Theatre Colchester. 7.30 pm **Kelvedon Singers:** lighter music at Mark's Hall, Coggeshall.

WHAT'S ON: FILM, THEATRE, MUSIC

FILM

❖ **Thu 30 Jun:** 10 am **Firstsite**
Colchester: *Much Ado About Nothing* (2012), a modern re-telling of Shakespeare's play.

Wed 20 Jul: 7.30 pm **Dedham Films:** *Spotlight* dir. Tom McCarthy (2015); Assembly Rooms.

THEATRE

❖ **To 9 Jul:** **The Wolsey** Ipswich: Shakespeare's *A Midsummer Night's Dream*; young local performers directed by Sir Trevor Nunn.

❖ **Mon 27 Jun to 2 Jul:** 7.30 pm **Theatre Royal Bury:** *Lotty's War*, a Channel Islands wartime thriller.

❖ **Thu 30 Jun:** 7.45 pm **Headgate** Colchester: *The Clockwork Girl - A Tale of Leopold Thorn* written and performed by Darren Gooding.

❖ **Mon 4 to 9 Jul:** 7.30 pm **The Mercury:** *Birdsong* Productions in association with Guildford's Yvonne Arnaud Theatre: *Shadowlands*.

❖ **Thu 7 Jul:** 7 pm **Branagh Theatre Company - live link:** Shakespeare's *Romeo and Juliet*; Firstsite and Odeon Colchester.

❖ **Mon 11 to 16 Jul:** 7.30 pm **Theatre Royal Bury:** *Shadowlands*.

❖ **Sun 17 Jul:** 1 pm **Headgate** Colchester: DOT Productions - *Myths and Legends*.

❖ **Sat 23 Jul:** 7.30 pm **Headgate :** DOT Productions: Oscar Wilde's *The Importance of Being Earnest*.

❖ **Fri 29 to 30 Jul:** 8 pm **Headgate** Colchester: *Laughed Out of Court*.

TALK

❖ **Tue 2 Aug:** 7.30 pm **The Mercury, Colchester:** *Tessa Dunlop and the Bletchley Girls*.

MUSIC

Harwich Festival

At St Nicholas's and elsewhere



Charlotte Rowan
violin
3 July

♦ **Wed 29 Jun:** 5 pm Martin Newell and The Hosepipe Band - poetry and music. 9.15 pm Decent Scrapers (strings) celebrate the poet John Clare.

♦ **Thu 30 Jun:** 1 pm Hannah Marciniowicz, saxophone. 2 pm 1920's Tea Dance. 9.15 pm Gypsy Jazz.

♦ **Fri 1 Jul:** Amphion baroque consort plus saxophone.

♦ **Sat 2 Jul:** 12 pm English step dance and song. 7 pm European Union Chamber Orchestra.

♦ **Sun 3 Jul:** 3 pm Charlotte Rowan violin. 8 pm The Harwich and Dovercourt Choral Society with the Colchester Bach Ensemble: Fauré's *Requiem*. Both at St Nicholas's.

www.harwichfestival.co.uk

DEDHAM C OF E SCHOOL



FRIDAY 1ST JULY - 3.15-5.30PM

BOUNCY CHALLENGE ★ BBQ
PETTING ZOO ☆ Lucky Dip
Games RAFFLE
Cakes ★ TOMBOLA
TATTOOS STALLS
PRE-SCHOOL ACTIVITIES
Ice cream ☆ Food & Drink

Julie Barrett writes

PARISH VACANCIES

Our PCC is looking for an Hon. Treasurer who is willing and able to accept responsibility for proper accountability and reporting of all our church's financial matters. You would have an excellent team, already in place, to help with the day-to-day book-keeping and the like, and to provide background information plus some specialist help. You would be expected to be an ex officio member of the PCC and report on behalf of a finance/governance committee (which you would chair) to it.

We are also looking for an Hon. Secretary (to the PCC). We are looking for a competent, organised and attentive administrator/secretary, who can help keep the PCC (and especially the Churchwardens) in order with the various correspondence, minute-keeping and progress-chasing that comes with taking care of a large parish church. You would also work alongside a fantastic Parish Office team, and be an ex officio member of the PCC yourself.

If you would like to find out more about these two voluntary positions, or apply, please contact the Parish Office in the first instance, and the appropriate officer will get back to you.

NOTICEBOARD



Julie Barrett writes

ATTENTION ALL COMMUTERS!

There is a choice of wonderfully inexpensive, on-time, on-location, hassle-free and ECO-friendly ways to catch your train from/to Manningtree-London Liverpool St.: Catch the no. 80/81A Panther bus from Dedham (various stops from Marlborough Head (06:28 and 06:59), up Crown Street, across at the Heath, down Coggeshall Rd, then left along A137), arriving right outside Manningtree station in time for either the 06:54 or 07:18* trains arriving at Liverpool St. at 07:58 or 08:24, respectively. The bus then meets the 17:38 and 18:10 trains from London Liverpool St., arriving at Manningtree at 18:44 and 19:11, respectively. The bus leaves the station at 18:50 or 19:20 and gets back to the Marlborough Head by 19:04 or 19:34, respectively. The bus fare is £1.80 one way or £2.90 day return. Further details are available from Panther Travel (01279-661528), the Parish Council, in the Church porch or on the Borough Council website. The buses also run at other times between Colchester and Manningtree.

This system works: I was sceptical,

but it is fantastic – and often I'm the only person on the bus; the most so far has been three. *Use it or lose it!* Please just give it a try: leave the car at home, save fuel, and parking fees & stress.

*The 07:27 is a cheaper option – saving around £10, single.

Lydia Polom writes

HIDDEN TREASURES

St Helena Hospice is inviting local people to showcase their gardens from March to August in order to raise money in support of its patients and their families.

The hospice recognises that lots of its supporters have beautiful gardens nestled away which have had a lot of hard work, time and effort put into, and it would love supporters to share their masterpieces in aid of its work. The community fundraising team will provide fundraising materials for anyone opening their garden as well as helping with advertising to the local community. An event raising just £25 could pay for a chaplaincy visit to provide a 'listening ear' to a patient, regardless of any religious beliefs. A small donation can make a large difference.

Find out more information at sthelenahospice.org.uk/opengardens16 or by calling the community team.



NOTICEBOARD

Peter Keeble writes

CONSTABLE COUNTRY MEDICAL PRACTICE

Staff Changes

I'm delighted to announce that Dr Ewa El Graoui will be joining the practice on 13th June as our 4th GP Partner. We are advertising to for an additional doctor and a Nurse Practitioner. In the meantime, we will continue to use doctors on a locum basis, including Dr Johal, Dr Le Roux, and Dr Kunchu. Dr Ewa's arrival will help us to improve continuity of care to patients. Dr Omar left the practice at the end of March and will be moving to a different part of the UK. Until that time he will continue to oversee our four GP registrars.

Practice workload and operations

We operate a very busy practice. In order to cope with demand, and work within NHS funding constraints, the practice needs to operate in a way which offers the best service possible, with the resources at our disposal. We feel that our new appointment system offers excellent access for patients. We have some pre-bookable appointments, the majority are then available for booking on the day, and we operate an overflow list where we will never turn a patient away. Patients on the overflow list will initially speak with a doctor and then be seen in person if necessary. Patients will always be able to speak to a doctor whenever they contact us.

Please note that Constable Country Medical Practice refers to the East Bergholt site and Capel St Mary to the Capel site. For technical reasons we are unable to change 'Constable Country Medical Practice' for 'East Bergholt'

but are exploring the possibility of doing this. Our doctors have 10 minutes for a face-to-face appointment, as specified by NHS England. However, when patients attend with serious or multiple problems, consultations can take longer. Doctors may also have to see additional urgent cases or make an urgent visit to a patient's home. Please be patient, but if the doctor is overrunning and you cannot wait then let the receptionist know.

Along with all other practices in Suffolk, we are working with the Clinical Commissioning Group (CCG) to reduce NHS prescribing costs. A CCG pharmacist helps to identify patients who could be switched to identical, but non-branded medication which is often considerably cheaper. Finally, our doctors review hundreds of test results and letters every week. If a patient has been referred for a test the practice will inform them if further action is required. We will not contact patients if no action is required though patients can contact the practice to find out their result. When medication is requested by a consultant following discharge from hospital, doctors will enter the medication on to the patients record. However, the prescription will generally only be printed out, signed and ready for collected when requested by the patient.

Training Days

The practice will be closed from 1pm, 14th July for staff training. The doors will be closed so please ensure any prescriptions are picked up beforehand. If you phone, the recorded message will ask you to ring 111 for medical assistance if your problem cannot wait until the next day.